Students in 1-8MK attended the North Rockhampton Special School sports and fun day last Friday.

All students were exceptional role models for Glenmore State School showing great sportsmanship and a high standard of behaviour.

It was a great day and we look forward to going back next year.
This is the first year of the new reorganisation of the old Rockhampton sports district and from what I hear – competition was fierce. Well done to the students who represented Glenmore SS: Kyou Ross, Madison Batchelor, Taleetha Maza, Nataliah Backo, Kaylah Halliday, Shaylee Mark, Joshua Conway, Seth Backo, Calen James, Jakahn Von Senden, Levi Maclean and Gustavo Almedia. Also a huge congratulations to Nataliah Backo and Shaylee Mark for making the Rockhampton Side. Thank you to Mr McArthur for his role in running this day as well.

You are always welcome at Glenmore State School.

Christine Hills
Principal

MR DUNLOP’S THOUGHT OF THE WEEK

“Whenever you read a good book, somewhere in the world a door opens to allow in more light.”
— Vera Nazarian

SPORTS DRAW

<table>
<thead>
<tr>
<th>RUGBY LEAGUE</th>
<th>MIXED SOCCER</th>
<th>NETBALL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 6B</td>
<td>Senior A</td>
<td>Junior D</td>
</tr>
<tr>
<td>No school sport this week</td>
<td>No school sport this week</td>
<td>No school sport this week</td>
</tr>
<tr>
<td></td>
<td>Junior A</td>
<td>Junior C</td>
</tr>
<tr>
<td></td>
<td>No school sport this week</td>
<td>No school sport this week</td>
</tr>
</tbody>
</table>

SCHOOL OPINION SURVEY

All surveys should be completed by TOMORROW FRIDAY 9 AUGUST. If you have completed the survey online, please advise the school.

I would like to congratulate our students who competed in the sports trial at Farnborough this week.

The local Drakes IGA is a big supporter of our school. I was able to attend a morning tea at their store as Glenmore today to receive a cheque for over $500 which is a part of their rewards program. For every dollar you spend, 1c goes to the school – on a weekly grocery shop for my 4 kids – that would be $3 a week over 52 weeks = $156 a year that would be donated to the school. Imagine how that would add up over all of our families. You can earn rewards for Glenmore SS with a tag that you present at the checkout. These are available at the office. Thank you to the management and staff of Drakes IGA for their community spirit and their support of the learning of the children at Glenmore SS.

I am Respectful
I am Responsible
I am a Learner

PRINCIPAL’S NEWS

Our school is a very busy place at the moment. As part of our explicit instruction agenda, Mrs Thirkettle has been working with groups of teachers fine tuning the delivery of lessons. The emphasis is on moving knowledge to the long term memory so that children have the information they need to work on more complex thinking. An example of this is knowing the times tables so more complex operations like long division and problem solving can be undertaken. It is also knowing how to construct a sentence well so that extended writing can be done in things like essays and short stories. The practice of Explicit Instruction involves, stating the lesson intent – or what the kids will learn, outlining the success criteria what steps they need to be able to do to show they have learnt the material, the I do, We do, You do phases and the ploughback or revision. By following this pattern students clearly know what is expected of them and they are taken very specifically through their learning to a stage where they show they have mastered the skills. Glenmore SS has been working on this teaching development throughout 2013 and the results are really starting to be seen in the classrooms. In Term 4, Glenmore SS will host other schools from the region who wish to observe this structure in our classrooms.
RESILIENCE

Michael Grose, a leading parenting educator, offers the following advice about developing resilience in children.

Some kids are resilient by nature – their temperament helps them to be mentally and psychologically tough. You know those kids. They get back up after a setback or disappointment. Rejection in the playground doesn’t faze them. Unfortunately, not every child has such natural resilience.

The good news is that most of the research shows that resilience can be nurtured and developed, particularly when parents themselves are resilient and they actively foster it in their kids.

Resilient kids share four basic skill sets: independence, problem-solving, optimism and social connection.

From a resilience perspective parents need to coach kids through some of their more challenging moments and reviewing what they may have learned for next time. Avoid solving all their problems for them.

You can promote a lasting sense of resilience in your kids by:
1. Having a positive attitude yourself. Your attitude as a parent impacts on their ability to bounce back from some of the difficulties they face. Make sure you model a ‘you can do it’ attitude for your child when he meets some of life’s curve balls.
2. Look for teachable moments. Many kids’ learning opportunities are disguised as problems. Make the most of these opportunities so that kids can grow and learn from some of the challenges they face.
3. Make kids active participants in the family. Active participation in a family develops the self-help, problem-solving and independence skills of kids that are necessary for resilience.
4. Build kids coping skills. There are plenty of strategies you can pass on to kids to help them cope when life doesn’t go their way.

Promoting resilience in kids is not a single event but a continuous process that requires adults to be supportive and empathetic when things don’t go their way. It also requires you as a parent to have an understanding of resilience, so you have faith in your yourself, and your child’s ability to cope.

HAPPY BIRTHDAY

Happy birthday to the following students who are celebrating their birthdays in the upcoming week:

STUDENTS OF THE WEEK

Congratulations to the following students of the week:
Prep: Malika Sajad, Skyanne Barnes, Kahilla George
Year 4: Lochlan Price, Jacob Major
Year 1: Jay-Dee Dobbs, Sky Mason, Kaitlin Backo, Taylor Scott, Ken Nguyen, Teagan Constable, Maria Laiyer
Year 2: Natalie Pill, Alex Reid
Year 3: Carl Butak, Cameron Price

PIE DRIVE

Delivery next Thursday 15 August. Orders can be collected from the staff room from 2pm onwards. Please don’t forget to collect your order as we have very little freezer room to store uncollected orders. If anyone has extra time on their hands please feel free to help with the packaging of orders. MORE HELP IS NEEDED.

FATHER’S DAY STALL

Father’s Day stall will be held on Wednesday 28 August. All items will be sold for $3.

SPORTS PHOTOS

Summer and Winter sports photos will be taken on Friday 23 August. Order forms will go out closer to the date.

INSTRUMENTAL MUSIC CONCERT

The annual primary school Instrumental Music Concert is on Thursday 15 August in the Mike Maher Centre at Glenmore High. The Strings Concert will be held from 6:00-6:45pm while the Band Concert will commence at 7:30pm and conclude at 8:15pm. The concerts will showcase the excellent work our Instrumental Music teachers and students do and gives the students an opportunity to perform for an audience. Entry is by a gold coin, payable at the door.

COMMUNITY NEWS

Girls Cricket
The trials for the Greater Rockhampton District 12 years girls cricket team are on Wednesday 14 August at Judds Park, North Rockhampton from 3:45 – 4:45pm.
Any girl born 2001 (12 years) 2002 (11 years) or 2003 (10 years) who is interested can see Mr McArthur for more information.

Central Queensland Golf Challenge
Any student with a golf handicap interested in the CQ Schools Golf Challenge to be played 7 October 2013 is to see Mr McArthur for more information. Nominations close 30 September 2013.

Summer Futsal Season
Free sausage sizzle and sign on at Aquatic Place North Rockhampton Saturday 17 August from 10am-2pm. For more information contact Gail 0408780612 gail@australiaguls.com

Calling all student filmmakers, actors and video game makers
Entries are now open for Screen It 2013, Australia’s largest moving image competition for primary and secondary students. The Australian Centre for the Moving Image (ACMI) Screen It 2013 Competition is proudly supported by “Bullying. No Way!” (http://www.bullyingnow.gov.au/index.html) and this year’s theme looks at how people connect. Registration is free and entries close 5 pm, Friday 13 September. More information is available on http://www.acmi.net.au/screenit.aspx.1-2-