1 September 2016

PRINCIPAL’S NEWS

Thought for the week:
“Obstacles don’t have to stop you. If you run into a wall, don’t turn around and give up. Figure out how to climb it, go through it, or work around it.”

-- Michael Jordan

Last Friday, our two junior netball teams contested the Grand Final at Jardine Park. This marked the end of Season B of interschool sport. Glenmore came away with one Grand Final win (and a very significant winning margin it was) and one team runners-up. Congratulations to Mrs Desic, Mrs Hornung and our netball girls on this fabulous result.

This week twenty-five Year 3 students and twenty-five Year 5 students completed both Reading and Language Conventions NAPLAN tests in an online trial. This was a great opportunity for our school to see how these tests would be conducted once the move to online testing happens in a few years. The trial was overseen by staff from ACER and provides important data for the developers of the online tests.

Two of our students, Wykeakea Wasin and Janae Jarrett-Lawton competed at the Capricornia trials recently for Track & Field. Congratulations to Wykeakea Wasin who has been selected to represent Capricornia at the State Track & Field championships.

Attendance at school is a major focus, not only at Glenmore, but across the state. Our data shows improvement from 2015. The graphs below show the comparison for Term 3, 2015 and 2016.

Term 3, 2015

Term 3, 2016

Thank you for giving your children the best opportunity to be successful at school through great attendance. Every day counts.

Our school values focus on responsible, respectful learners. This term we have had a focus on using appropriate language at school and speaking respectfully to adults. Children are not adults, yet some children speak to their parents or teachers in a bossy and disrespectful way. They use a rude tone of voice. They tell instead of ask. If your child uses a harsh tone of voice, or forgets to say “please,” wait for a minute. Then ask your child, “I beg your pardon?” or “Would you like to try that more respectfully?” It is also important for children to be aware that it is often not what they say that is disrespectful, but how they say it – the tone, attitude or body language. Thank you for reinforcing the expectations we have of our Glenmore students for demonstrating respect in their interactions at school.
This week, The Morning Bulletin will publish its “Our Priceless Past” project. I am looking forward to seeing the work of Psalmoi and Kari in this publication, and for the wider community to see an example of the great work we do at Glenmore.

Mark Dunlop
Principal

NEWS FROM THE DEPUTY

Glenmore Standards:

At all times:
- I follow teachers/staff instructions immediately
- I keep hands, feet and objects to myself
- I wear my school uniform with pride
- I am well mannered
- I respect the environment

These are the standards used to guide our student at Glenmore to ‘be the best they can be’. The following students are recipients of the Gum Leaf awards – eight weeks of achieving all of the above standards. Our Gum Leaf recipients are:

Izzabelle
Howell
Tane Povey
Ashleigh
Riley

Jahnte Dow
Jeremy
Richards
Jacob
Brandy

India
Donahue
Dominic
Crane
Xanthia
Ingui

Cooper
Millan
Tyler
Mullins
Kayle
Parsons

These students have been following the Glenmore Standards for 16 weeks – truly an indication of ‘To Be The Best You Can Be’! Our Gumnut recipients are:

Amethyst
Sienna
James
Kaida

Hornung
Lyons
Bongco
Howard

Parenting Article:

This week’s article has a guest writer – Sarah Wayland. In this age of computers, tablets, mobile phones, game systems; the ability to focus for a prolonged length of time is being compromised. Despite all this technology, we still need to be able to focus and persevere on one task to completion. This article gives some useful tips…..

Helping kids focus in the age of distraction

By Sarah Wayland

Finding ways to turn your kids from flitters to focusers – how teaching your children to ‘stick with it’ can have lifelong benefits.

As a society we often debate about the ‘right’ amount of screen time, and with the introduction of personal screens over the last decade, to add to TV, laptops and desktops, the focus on a single task has slowly ebbed away. The British Psychological Society found that too much screen time (more than their recommendations of no more than 2 hours per day) could unintentionally cause permanent damage to a child’s still-developing brains. This then can impact on the capacity to focus, to concentrate and to give attention to tasks.

Distraction is often managed through the delicate art of re-direction or encouragement to combat the ‘but I just can’t do it!’ However, has this brave new world of binge watching TV, entertainment on demand and socialisation via hand held devices created kids that always have options for those tasks that require some stubborn determination? If so how might this new way of living and relaxing challenge our kid’s capacity to stick with a difficult task when they have a world of entertainment at their disposal?

Dr Daniel Goleman, an award-winning psychologist and TED speaker, emphasises the need for people to engage in skills that foster emotional intelligence. Goleman’s belief is that ‘Kids learn best when they can maintain sustained attention, whether to what a teacher is saying, their textbook, or their homework. The root of learning is keen focus; distractions kill comprehension. But the new normal for young people continually interrupts their focus with distractions.’

Neuroscientists tell us that the more a young person can practise keeping focus and resist distraction, the stronger and more richly connected this child becomes. By the same token, the more distracted, the less so. Research finds that the evidence is clear in our own homes and in classrooms ‘we now have young people who are experts at ‘flitting’ from one device to another’. It is therefore necessary to refocus those ‘flitters’ to ‘focusers’. If not, we risk the next generation’s creative or scientific masterminds, we risk losing children who are able to ‘sit still and agonise over a task long enough to see it through to its marvellous end’.
Tips for helping kids maintain focus and attention

1. **Build your child’s focus**
   As with all tasks the aim is to start small and build your child’s capacity to master the concept of ‘sticking with it’. Cath, a school counsellor, finds that she can use the same strategies with the teens she works with and her primary school aged children when she gets home: ‘it’s all about breaks and rewards. Set a timer between breaks and then on a break they need to do something active like a push-up. Then there is a little reward for staying on task for a particular amount of time.

2. **Remember it’s all about the journey**
   Parents and researchers agree that understanding what can be gained from being focused is the key to engaging your ‘flitting’ child. Our solution driven society is often focused on what we receive at the end rather than the process to get there. Teaching your children to tolerate the unexpected can have wonderful benefits, as can sitting with something that may have previously been viewed as unachievable.

3. **Keep calm and focus**
   Use calm methods to engage children who become distracted: ‘breathe, relax and high five each other’ when working alongside your child or when with a group of children. Talk about what might be achieved at the end and make it a fun process.

Screens, for all their negatives and benefits, are here to stay. Many argue that they provide complexity and new experiences to our children’s world by identifying exciting technologies but they also provide avenues to ‘opt out’ of the hard yards.

Reaching what you thought was unattainable by engaging in a single focus and ‘sticking with it’, can provide lifelong lessons.

http://vimeo.com/94134726

**Prep Interviews:**

Do you have a child who was born within the following range - 1 July 2011 to 30 June 2012? If the answer is yes, then your child is able to enrol in Prep for 2017. From next year, Prep is compulsory and daily attendance will be required. Early next term, I will be conducting Prep interviews where a formal enrolment is completed – your child is required to attend this interview with you. Please ring the school to arrange a suitable time and collect the enrolment forms before attending the interview.

Prep interviews are planned for the first week of term 4 – Tuesday 4 October to Thursday 7 October. Interviews can also be given at other times depending on your availability.

When have an excellent Prep program at Glenmore State School that follows the Australian Curriculum within the Early Years Framework. This ensures that the teaching practice is aligned with Early Childhood principles. We would love your child to be a Glenmore PrepPle! Remember to please contact the school – 49230666 for your booking.

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**Glenmore Celebrates 2016:**

Classes are beginning to organise items and some practice is already underway. This year’s Celebration event will be held on Monday evening 5 December at the Mike Maher Centre (Glenmore State High School).

Last year saw a new format where items were more aligned to the work being done in class. We witnessed a range of different items, talents and skills. Who could forget the Staff finale??

Well, it’s on again – don’t leave early this year!!

Details to follow……..keep watching this space!

**Lauree Lanyon**  
**Deputy Principal**

**STUDENTS OF THE WEEK**

**Week 6 and Week 7**

**Prep**  
Jayleigh Lammermoor  
Farron Broszat Madisyn McGibbon Rashad Walker Zeke Barrett Kade Constable Larni Saunders Joshua Storch

**Year 1**  
Courtney Miller Xaine Nevin Zackeriah Dickinson Max Modyrnski Kailea Stoilk

**Year 2**  
Braedan Lye Emmuella Sauer Cody Chapman Lili Planta

**Year 3**  
Deklan Withers Tristan New Griffin Dries Ingwa Limbu

**Year 4**  
Jakk Fossey Chantelle Smedley Rhys Coleman Levi Quinn Shova Yadav Hayden Sullivan

**Year 5**  
Khloe Riggs Hannah Bloomfield Jaxson White Justine Villaneuva

**Year 6**  
Anastasia Dries Jonte Haywood-Barchelor Anastasia Dries Lachlan Miller

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**LIBRARY NEWS**

**Scholastic Book Fair “Australia: Story Country”**

Thank you to everyone who supported our Book Fair this year. We sold over $4000 worth of books and stationery, providing approximately $1300 worth of books and materials to the school library.

**Book Week Free Dress**

Thanks to all of the parents, grandparents, carers and children for creating amazing costumes for Book Week. We had such an amazing range of outfits from swagmen to soldiers, sheep to koalas, crocodile hunters to shearers, and cowgirls to netballers! Awesome Aussies - well done! The best dressed costume prizes went to Henry, Thomas and Kaidan. The best colouring-in prizes were awarded to Madisyn and Verna-Mae.
GREEN THUMBS SPRING INTO ACTION

Glenmore State School and Crestwood Land teamed up on Friday 19 August to plant 200 native trees. The event was part of National Tree Day and Schools Tree Day. The event aims to support children embrace outdoor learning environments whilst making a difference to their local community, connecting with nature and inspiring positive environmental change.

Each year, around 200 000 school students participate in the Schools Tree Day event.

SPORTS NEWS

Final Netty News!

The Grand Finals were held at Jardine Park on 26 August. All the girls were super excited but nervous. The Junior D’s played a very clean game and ended up with a 26 to 3 win. Congratulations on being undefeated this season and being 2016 Premiers for Junior D division!

Junior E team had a good start against St. Peter’s. It was 1 all at quarter time. St. Peter’s ran away with the game with a 6 to 3 win over our girls. Congratulations on your efforts during the season and being runner-up for 2016 Junior E division.

REMINDER: Netball break-up this Friday, 2 September, in Mrs Desic’s classroom. Please return netball uniform by this Friday.

FUN RUN – BECOME A SUPERHERO FUNDRAISER!

Sponsorship Forms are being sent home this week! The Fun Run will be held in week 10 during normal PE lessons. All students will receive an iceblock at the end of their run.

All money raised will go toward purchasing new sports equipment for our school.

GREAT PRIZES TO BE WON – SIMPLY RAISE $10 OR MORE!

TUCKSHOP NEWS

Reminder

Tuckshop is closed on Friday 16 September.

Volunteers Wanted

If you can spare a few hours in the morning your help would be greatly appreciated in the tuckshop. Mornings are our busiest time and as they say many hands make light work!

Tuckshop Roster

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<tr>
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<tr>
<td>Monday</td>
<td>Tania Phillott</td>
<td>Tania Phillot</td>
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<td>Tuesday</td>
<td>Carmen Davidson</td>
<td>Carmen Davidson</td>
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<td>Wednesday</td>
<td>Mahara Domic</td>
<td>Rosslyn Daley</td>
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<td>Thursday</td>
<td>Rosslyn Daley</td>
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HEAD LICE

The Facts

Head lice infestations are a common occurrence, particularly in primary schools.

- about 23% of primary students have head lice at any one time
- anyone can catch head lice regardless of their age, sex or how clean their hair is
- head lice move from one person’s head to another via hair
- head lice do not survive long when they are off a human head
- head lice do not live on furniture, hats bedding or carpet
- head lice have built up some resistance to head lice treatments

Tips for parents in reducing the spread of head lice

As infestations are particularly common in primary schools, it is best to choose a treatment that can be used over time. There is no single solution to eradication, only persistence.

- regularly check your children hair
- teach older children to check their own hair
- tie back and braid long hair
- keep a fine tooth head lice comb in the bathroom and encourage all family members to use it when they wash their hair

COMMUNITY NOTICES

Capricorn Community Profile

In 2015, Communities for Children FP Capricorn, developed the Capricorn Community Profile which collated data, research and results from community consultation that directly affected children aged birth to 12 years and their families.

The profile was instrumental in identifying community characteristics, assess needs and identify gaps to inform priorities for the Capricorn region. This formed the basis of the Community Strategic Plan and allowed for funding to be provided for key early intervention and prevention projects through Communities for Children.

As educators are quite often the first point of contact for families, and have significant ongoing contact with the children in our community, your voice is vital to help us work towards creating a strong community for our children and their families. The survey will take 10-15 minutes to complete, and grouped data will be shared with people and organisations in our community that can make a difference.

Please take a few minutes to complete the Community Survey now!

Trivia Night

TRIVIA NIGHT
fundraising for school chaplaincy

Where: High School - Hall Bensener Street
When: 9th September
6:30pm Trivia begins!

Round Prizes
Supper & hot drinks provided
Sausage sizzle and cold drinks for sale

Cost: $10 per person
Max 8 people per team

Email jamesth2@chqky.org.au
or text 0409 384 392

For Sale by Tender

Positive Partnerships

FREE two day workshop for parents and carers

Like all school aged students, young people on the autism spectrum benefit from strong, positive relationships between home and school. Positive Partnerships use evidence based materials and practical resources to help support these relationships by facilitating workshops for parents and carers.

DATE CLAIMERS

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<tr>
<td>1 September</td>
<td>Father’s Day Stall</td>
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<td>9 September</td>
<td>Trivia Night for School Chaplaincy</td>
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<td>12-16 September</td>
<td>Fun Run</td>
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<td>16 September</td>
<td>Term C Sport Begins Term 3 Ends Tuckshop Closed</td>
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<td>4 October</td>
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<td>17 October</td>
<td>Student Free Day</td>
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<td>5 December</td>
<td>Glenmore Celebrates 2016</td>
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