Thought for the week:

"Education promotes equality and lifts people out of poverty. It teaches children how to become good citizens. Education is not just for a privileged few, it is for everyone. It is a fundamental human right."

Ban Ki-Moon

24 November 2016

PRINCIPAL’S NEWS

During the last fortnight I have been fortunate to attend a number of awards nights and to celebrate students’ successes. On Friday 11 November ten of our indigenous students were recognised at the annual Indigenous Awards. Students received awards in the categories of Academic, Citizenship, Sport and Encouragement. For the second year running, a Glenmore student won the overall “Junior Student of the Year” award. Psalmoi Gristwood was a deserving winner of that award this year, having been nominated by our school in all four categories. Congratulations Psalmoi!

Last week I attended the annual Awards Night at both Glenmore High and North Rockhampton High. It was great to see our past students receiving numerous awards at Glenmore High. Likewise at North Rockhampton High, many students from my old school, Mount Archer, were recognised for their high achievement, including the Dux of the school – a Mount Archer boy. It was also pleasing to see a girl I had taught back in 2010 appointed as 2017 School Captain at NRSHS.

The important element with the above successes is that these students are the product of state education. The state versus non-state education debate is often draws public attention. Is a costly non-state education better? Does the non-state system have the best teachers? The answer both those questions is a resounding “NO”. The best teachers are right here in our state schools, working to enable students from all backgrounds and with varied abilities to succeed. In fact, John Fleming has identified our teaching practice as equal to the best he has seen in the schools with whom he works.

In the next few days, we will select the school leaders – Captains and Vice Captains – for 2017. Nine outstanding candidates will have their names on the ballot paper – five girls and four boys. These students are all worthy of the honour of being a school leader. Students in Years 4 and 5, as well as staff, will vote to select our boy and girl captains and vice captains. The 2017 leaders will be formally announced at the awards ceremony on 6 December.

As we enter the last two weeks of the school year, it is important that our students continue to meet our Glenmore Standards. Our two rules – “Keep your hands, feet and objects to yourself” and “Follow the teacher’s (or teacher aide’s) instructions immediately” apply as importantly as they did at the commencement of the year. Thank you for reinforcing these expectations at home.

Attendance continues to be priority. Our school-wide attendance for Term 4 is still hovering on 90.0%. We have made progress this year, reducing the below 85% count and increasing the number of students in the 95%+ bracket. Our Year 6 attendance is the best since I moved to Glenmore at the start of 2013. Every Day Counts. We can do 92.

This year, we have introduced several technological advances – Flexischools online tuckshop ordering and our new newsletter heading the list. Very soon, through Schoolzine,
we will launch our very own school app. This will take our communication with the school community to a whole new level and will enable us to forward updates and information right to your smart phone.

If you would like to discuss and particular aspects of your child’s class placement for 2017, please make an appointment through the school office to meet with Mr Dunlop or Mrs Lanyon by 30 November.

Mark Dunlop
Principal

NEWS FROM THE DEPUTY

Glenmore Standards:

This Friday (25 November) sees the final parade where our standards are awarded. To ensure all students had the opportunity to achieve the third level – Koala – teachers were able to nominate students who would have received a Koala by week 10 of this term.

At all times:

- I follow teachers/staff instructions immediately
- I keep hands, feet and objects to myself
- I wear my school uniform with pride
- I am well mannered
- I respect the environment

These are the standards used to guide our students at Glenmore to ‘be the best they can be’. The following students are recipients of the Gum Leaf awards – eight weeks of achieving all of the above standards. Our Gum Leaf recipients are:

Leilani Darkin
Meadow Russell
Lailah Zaro
Jacob Richards
Jayleigh Freeman

Jade Little
Wyatt Hewitt
Grace-Elly Crawford
Levi Quinn

Alex Conrad
Demetri George
Louise Dobbs
Zeke Barrett

Tyson Leahy
Harmony Hayes
Taine Lawton
Keeara Freeman

These students have been following the Glenmore Standards for 16 weeks – truly an indication of ‘To Be The Best You Can Be’! Our Gumnut recipients are:

Mitchell Miller
Zeith Tillie
Courtney Miller
Cooper Millan
Cleopatra Rose
Emmuella Sauer

Janiqua Sauer
Desire White
Schuenaker Xander
Latham Beresford

Kevin Shapland
Xavier McAtamney
Jasmine Mullins
Allen Bacalso
Jordan Conlon

A-Leesia Pails
Xaine Nevin
Jeremy Richards
Jakk Fossey
Kaidence Owen

The Koala is the highest level – 32 weeks of following all five standards at all times. It is a proud achievement to have attained this standard and successful students will be congratulated and will receive appropriate recognition.

Jemima James
Kahlia George
Cassidy Findlay
Sonam Lama
Maddison Pianta
Ella Spring

Lucy Barron
Alexandra Millan
Dylan Brookman
Seth James Allen
Vergara Henry

Nuatufi Mann
Le-Zanda Tilbero
Rihanna Dobbs
Thu Tran Daimon
Watson

Braedan Lye
Andy Cao
Charlotte Hermann
Ebony Lye
Haylee Warriner

Glenmore Standards (etc)

Parenting article:

This fortnight’s focus is the importance of empathy and being a caring individual. Many times, students do not accept responsibility for their own actions and/or cannot ‘put themselves in someone else’s shoes’. The ability to feel and show empathy helps us leave by the mantra ‘treat others as you wish to be treated’.....

Be careful what you wish for as a parent

By Michael Grose

The focus on success and achievement doesn’t have to come at the expense of our children’s empathy and wellbeing.

What would you wish for? A caring child or a successful child?
If pressed to choose, which would you prefer?
If you were like the parents of kids in a recent study you’d go for successful rather than caring.

In a fascinating Harvard study referred to in a recent Age article, 10,000 kids were asked whether achievement and success, rather than caring for others, were their parents’ main priorities. The kids overwhelmingly said their parents opted for success rather than caring.

I suspect Australian kids would come up with a similar response if asked. In my work with parents and schools over nearly 40 years I’ve never seen the educational and parenting landscape so competitive as it is today. The standard belief of ‘Everyone can get ahead and be successful’ has been replaced by ‘my child needs to get ahead and be successful.’

Parents rightfully will go to great lengths to make sure their kids don’t get left behind, but now academic success increasingly means achieving at any cost. Even at the expense of a child’s well-being, and in extreme cases, at the expense of other children’s success.

A sign of the times
This is very different from even a generation ago when caring and respect for others were drummed into kids. “Do the right thing by others”; “Respect your elders”; “Take good care of each other” were common mantras that many of today’s parents grew up hearing.

Now that these kids have become parents themselves they use achievement mantras rather than the empathetic statements they were raised on. “Always do your best”; “Think confident thoughts”; “Set your goals and work hard to achieve them” are typical of the comments that kids hear in today’s more competitive environment.

The price of success at all costs
Washington Post parenting writer Ashley Trexler argues that putting happiness and success before caring and empathy is raising a generation of bullies. She claims that parents unknowingly encourage bullying through their focus on success at all costs, as kids are being encouraged to pursue power at the expense of empathetic behaviour.

We can have both
This is a controversial view based on the assumption that you can have either successful kids or caring kids. I believe you can have both. Parents and teachers can encourage kids to achieve, but also emphasise the importance of looking out for your mates, and taking care of others. Individual success doesn’t have to come at the expense of well-being and the success of others. It does mean that we need to put caring for others firmly on our parenting agendas.

Here are five ways to do this:

1. Develop a language for caring
Parents invariably develop a deep language around the things they value. If caring is important then you need to develop language for caring (look after your brother; do the right thing; do unto others) just as you have probably developed a language around success (persist, work hard, do your best).

2. Model caring behaviours
Parents need to model caring, relational behaviours if they want children to develop these behaviours. Positive displays of intimacy such as a kiss and a hug for every family member as they walk out the door each day is a great way to teach healthy caring behaviours. It’s the small acts of kindness and caring that happen on a consistent basis that has the most lasting impact on kids.

3. Focus on co-operation rather than competition
It’s easy to develop competition between kids. As a parent all you need to do is praise one child and criticise another and you’ve established the conditions for competition. It’s far harder to develop co-operative behaviours, but it’s worth the effort. Encourage kids to help each other; ask them to do jobs in pairs so they learn to work together; and teach older children to give way to younger children rather than always have their own way. Caring kids learn that not everything goes their way and that they need to compromise and give way to others in the name of being social and getting on.

4. Encourage nurturing behaviours
In the past families were larger than today and they had a natural advantage in developing caring and empathy. Elder kids would invariably have to look out for, or look after younger siblings, often at the expense of their own interests. In an era of small families kids have fewer natural opportunities to look after each other. However parents can develop nurturance by encouraging children to look out for younger friends and relatives; to care for pets and also to be respectful of older relatives and friends.

5. Pay attention to children’s emotions
Now more than ever it’s important for parents to be attentive to children’s emotional lives, and also to develop an awareness of their own feelings and the feelings of others. Empathetic kids rarely use power and bullying to get their own way. Empathy always starts with an awareness of a child’s own emotional state.

As parents we want our kids to grow up to be successful and achieve their full potential. It’s the default position for most parents. But that doesn’t have to come at the expense of caring for others. In these times of small families and a more competitive landscape parents need to work harder than ever to develop nurturance, caring and respect for others.

Glenmore Celebrates 2016:
Celebration 2016 takes place in the Mike Maher Hall – we hope to see as many families there as possible. It is a great night as the students very proudly present their item to the Glenmore community.

Monday 5 December sees our school showcase a variety of artistic items ranging from song, verse, movement and dance. Classes have looked at the various subject areas in the Australian Curriculum and have selected a topic that is related to interesting events, values and/or skills learnt throughout the year. This topic has then been designed into an item that can be presented on stage. It is a wonderful evening where parents get to see what their child has been learning in the classroom.

Practices are in ‘full steam’ and letters have now been sent home stating the type of item and required costume/clothing
for the event. Last year saw a surprise finale by some staff members. Well, it’s happening again – the type of item is still a surprise – but it will be the finale – so hang around and don’t miss it!

P&C will operate a BBQ from 5.15pm with doors opening at 6.20pm (ready for a 6.30 start). Please note, NO FOOD OR SOFTDRINK IS ALLOWED IN THE HALL.

Lollies at school:
These are not allowed at school at any time of the year. During the upcoming Christmas season, cards are welcome to be given to friends and class mates. PLEASE DO NOT INCLUDE CANDY CANES OR OTHER TYPES OF LOLLIES IN THESE CARDS. Your support in this area is very much appreciated.

Lauree Lanyon
Mark it on your calendar:

GLENMORE CELEBRATES 2016 – 5 DECEMBER 2016 MIKE MAHER CENTRE - GLENMORE HIGH SCHOOL 6.30PM – BBQ FROM 5.30PM

Lauree Lanyon
Deputy Principal

PARENT/TEACHER INTERVIEWS
All classes will be conducting parent/teacher interviews in the coming weeks. Many of our teachers are using our new online booking system. We encourage all parents to help us trial this new system. Just go to the link below and follow the prompts.

4HD VISIT ROCKHAMPTON’S RECYCLING FACILITY
4HD attended the Rockhampton Regional Council’s Materials Recovery Facility (MRF) during National Recycling Week. The students were able to look at the recycling facility in operation, challenged in sorting recyclable and non-recyclable items and asked relevant questions. The students were shown a video of the recycling process of the waste from the Rockhampton region and were introduced to the new Recycling Heroes – Ali Minium, Glass Girl, Steel, Mr Fantastic Plastic 7 and Professor Paper. The class had a fantastic morning on their visit to the MRF.

STUDENTS OF THE WEEK
Weeks 6 & 7

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<thead>
<tr>
<th>Prep</th>
<th>Year 3</th>
<th>Year 6</th>
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<tbody>
<tr>
<td>Shannee Russell</td>
<td>Ryan Brookman</td>
<td>Maddison Pianta</td>
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<td>Grace Guy</td>
<td>Ingwa Limbu</td>
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<td>Taylah Porter</td>
<td>Tiahana Bryant</td>
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<td>Amelia-Rose Orchard</td>
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<td>Henry Burgess</td>
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<td>Demetri George</td>
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<td>Caedon Edmunds</td>
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"Well Done!"
The end of the school is a busy time for the P&C and we need volunteers!

We need help on Monday 5 December at the Glenmore Celebrates 2016 and we also need helpers on Thursday 8 December when we treat the students to the end of year sausage sizzle. If you can give up some time to help with either of these activities please leave your name and contact details with the staff in the school office or email me pandc@glenmoress.eq.edu.au.

We are sending home tickets this week for our end of year raffle. The tickets are $1 each and they are in books of 10. If all our families could sell one book each we would sell 3150 tickets! So come on Glenmore get behind your P&C so we can continue to support educational programs around our school.

P&C CHRISTMAS RAFFLE 2016
1st Prize – 2 nights accommodation in a 2 bedroom apartment for 2 adults and 4 children at Rosslyn Bay resort + family pass to Cooberrie Park (Valued at $607.00)
2nd Prize – Esky full of Goodies – donated by McHughe Pies
3rd Prize – Christmas Hamper – donated by Glenmore Community

Raffle drawn on Monday 5 December
$1 per ticket

COMMUNITY NOTICES
JUNIOR HEAT CRICKET CLINIC - ROCKHAMPTON
10-12 JANUARY 2017
9:00am - 1:00pm
FOR BOYS AND GIRLS AGED 7-14
$230 incl GST
To register please click on the link below
https://eventdesq.sportstg.com/index.cfm?fuseaction=main&EventDesqID=20761&OrgID=8261
BE PART OF SOMETHING LIFE-CHANGING
The Qld Government is giving parents and carers free access to evidence-based parenting support through the Triple P – Positive Parenting Program. Join us on Facebook to get quality parenting information, and visit the link below to see what programs are available. More seminars and group sessions coming soon.
http://login.bettermail.com.au/ch/4898/2dwjv2m/2443288/84d1813g8s.html
SET YOUR KIDS UP FOR SUCCESS IN 2017
We all want our kids to do well at school – and in life! Set your kids up for success by learning how to positively parent. Find out how to encourage kids to be respectful, make good decisions and feel positive about themselves. And it’s all free! Why not do Triple P Online over the holidays (Teen version coming soon)? You can register online 24/7.
2017 BOOKLISTS

Booklists were sent home last Thursday – if you did not receive a copy you can collect one from the administration office or click on the button below.

DATE CLAIMERS

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<tr>
<th>Date</th>
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<tr>
<td>30 November</td>
<td>Get Set for 7 @ Glenmore High School</td>
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<td>2 December</td>
<td>Year 6 Dinner Dance</td>
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<td>5 December</td>
<td>Glenmore Celebrates 2016</td>
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<td>6 December</td>
<td>Awards Presentation/Year 6 Graduation</td>
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<td>9 December</td>
<td>Last School Day for 2016</td>
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<td>23 January 2017</td>
<td>School Commences for 2017</td>
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