

# Glenmore State School Newsletter

## NEWSLETTER NUMBER 22

### 30 July 2015

#### Thought for the week:

*The celebration of success overshadows the challenges that were encountered along the way.*

Jeffrey Benjamin

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#### PRINCIPAL'S NEWS

At Glenmore, we focus on and celebrate the positives and successes. The past week has seen some fine examples of both. The Glenmore boys' track and field team won the "A" Schools shield at the recent Rockhampton District carnival. This shield dates back to 1944 and the last time it came home to Glenmore was in 1985, some thirty years ago. But like the ads on TV, there's more! Our whole Glenmore team, boys and girls together, were overall runners-up in the "A" Schools competition. Congratulations to both our athletes and to Mr McArthur and Mrs Shaw, who prepared them so well for this competition. Several of these students have been selected for the next level of competition in early August.

Last week, our Student Forum ran two lunchtime discos as a fundraiser for Chappy Melissa. That was a wonderful gesture and highlights the compassion we want to see develop in our Glenmore children, however, the cards presented to Chappy Melissa on parade added another dimension to our support for Chappy. Thank you to Miss Sims (Student Forum), Mrs Biddulph and staff who assisted in supervising the discos.

Attendance is a major focus this year. In Semester 1, almost forty students achieved the magic 100% attendance. This is a great effort from the students and their families. Our whole-school goal is 92%. We can do 92. Every day counts for Glenmore kids.

In last week's newsletter, I wrote about respect and how respectful holds a key place in our school motto. Developing the capacity for respect is a lifelong challenge. Our sense of self tends to be fragile. It rises and falls as we face life's challenges with varying degrees of success. The development of self-respect, or, in essence, self-esteem, is guided by how we see ourselves. The people in our lives act as a mirror in this process. When people who are important to us give us attention and encouragement, we see positive images of ourselves. At other times, our interactions with others may make us feel unattractive, incompetent, or even invisible. As with adults, young children build their sense of self-respect from their interactions with others. When they are made to feel special and valued, children grow to respect themselves. A positive sense of one's self allows the maturing child to respect others. Self-respect is at the heart of respecting others. When you can identify and appreciate your strengths and accept your vulnerabilities, it's easier to truly respect the value in others.

On Monday and Tuesday, I attended the Principals' Induction Program in Brisbane. Senior officers of the Department presented on a range of "nuts and bolts" topics. One clear message running through the two days was that of improvement. Glenmore has been on that improvement journey now for 2 ½ years and our students are reaping the benefit of this hard work. Who would have thought we could have 30 to 40% of our students in the upper two bands in NAPLAN? One of the highlights of the program was an address by Selwyn Button, Assistant Director-General – Indigenous Education. Selwyn talked about his own education, the importance of finishing Year 12 and his journey from there through the Police Service and Health to his current position. Selwyn has been recognised as one of the forty most influential indigenous people in our nation – we are lucky to have him working for better educational outcomes for our indigenous students.

From time to time, you may have a concern relating to your child. The best way to address most concerns is to speak directly to the class teacher – they have the wealth of knowledge about their students to draw upon and in the vast majority of situations, can alleviate parent concerns. If you don't feel your concern has been addressed, I encourage you to make an appointment with Mrs Lanyon or me and we will follow up on your behalf. We always aim to speak with parents in these situations as soon as we can, but depending on other appointments and meetings, there may be a slight delay in achieving this.

On Wednesday, I met with representatives from Transport and Main Roads and Rockhampton Regional Council, and Mr Bill McMillan (DET Regional Infrastructure Manager) about traffic and parking issues at Glenmore. An initial proposal for a Stop, Drop, Go zone, together with some other changes to McLaughlin Street parking, was presented by RRC and TMR. I will keep our school community updated on this proposal. Some key facts that came out of this meeting were that the traffic around Glenmore in the afternoons is by no means the busiest in the region and that despite the perception that lots of traffic equates to increased risk for pedestrians, traffic congestions actually slows traffic which reduces associated risks. I will meet again with the TMR and the RRC once detailed plans have been developed.

*Mark Dunlop*

Principal

*Quality Learning in a Caring Environment*

*All parents are invited to attend monthly P&C Association meetings*

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Great state. Great opportunity.



## NEWS FROM THE DEPUTY ....

Our Gum tree is the foyer is really starting to blossom! This week's award participants are:

Week 2

### Gum Nut

Scarlette Lye  
Angus Fulton  
Abbey Guy  
Brody James  
Mikayla Wyvill  
Karl Butac  
Thuan Le  
Joshua O'Brien  
Franz Bongco  
Jacob Howell  
Ebony Lye  
Kayleb Warriner

### Gum Leaf

Kayden Crowther  
Storm Cockburn  
Haillie Riordan  
Arawn Nalder  
Amiel Abadilla  
Tullen Broszat  
Riley Cormack  
Jay-Dee Dobbs  
Louise Dobbs  
Cody Chapman  
Keicha Paia'Aua



### Gum Leaf & Gum Nut recipients for week 2



As I have mentioned a number of times, developing resilience in children is a necessary character trait required to become a successful adult. This week's parenting article tackles this concept...some interesting reading...

### Do you let your kids amaze you?

By Michael Grose

*"I'm amazed at what children CAN do when given the opportunity and encouragement. I love the pride, confidence and sense of purpose/ pleasure in contributing, each new skill achieved brings. The smiles are awesome too."*

A mother left this comment on our Facebook page recently in response to our post: *"What would be the impact if you did less, not more for your children?"* Lovely answer!

It got me thinking that the joy that this mother took from watching her children develop independence was no accident. Her parenting style played a large role in her children's independence. All power to her and her parenting style!

I've long believed that **adults are the gatekeepers for children's independence.**

We open the gate to independence when we give children opportunities to develop **self-help skills** (*carry their own schoolbags, get themselves up in the morning, tidy their own rooms*); provide them with **real responsibility** (*feeding pets, setting the meal table and preparing meals*) and give them **autonomy** to make some of their own decisions (*choosing clothes within limits,*

*following own interests, making choices about pocket-money spending*).

We close the independence gate when we **do too much** for children (*tidy their toys away, pack their schoolbags, make simple snacks*); **rescue** them from learning opportunities (*take forgotten lunches to school, sort out their friendship problems, pay their library fines*) and **neglect** to build scaffolds to independence (*such as help them make their bed, walk half way to school, teach them to ride public transport*).

It's a quirk of parenting that many children think they are older than they are, and parents think their children are younger than they are. We underestimate children's abilities to the detriment of their development.

### Are you an opener or closer of the gate to children's independence?

Think of independence as a continuum with opening the gate and closing the gate at either end. If your parenting is more at the closing end then look for ways to move down the continuum towards independence building. My advice is to make small adaptations to your parenting. For instance, start with a child making their own snacks before moving to helping you to prepare a meal. But first you need to develop a mindset for independence building. That means, be on the lookout for opportunities for children to do things for themselves.

As many readers will know I firmly believe that the job of parents is to make ourselves **redundant** from the earliest possible age of a child's life. That means, that our interactions with kids have an endgame in mind – we want our kids to be able to stand on their own two feet **physically** (*Don't we get a kick out of them walking for the first time!*), **emotionally** (*with support, of course*) and to **navigate their world** without being reliant on others.

There is no better feeling as a parent than watching your child beam with joy and pride when they've mastered a new skill, overcome a challenge or conquered a fear. It's those times that make parenting so worthwhile. Those awesome smiles won't happen by accident. They require a parenting style that gives kids a chance to be independent; that encourages them to be brave and offers them the safety net of emotional support when life throws them curve balls. Why not try it? Give your kids a chance to amaze you.

### Car Parks

**Car parks are for cars not pedestrians. Please do not walk your child or allow your child to walk through the car parks at school.** This is not a safe practice. Drivers are not expecting to see children in the car park. **Car parks at Glenmore State School are for staff and service vehicles ONLY.** Parents need to use the off street parking and should not be entering school grounds in a vehicle. **All pedestrians must use the small gates intended for this purpose.**

10/08/2009

*Lauree Lanyon*

Deputy Principal

## STUDENTS OF THE WEEK

Congratulations to the following students for their great effort.

### Prep

Destiny White  
Zion Zaro  
Katie Kleidon

### Year 1

Angus Fulton  
Sally Harmsworth  
Alexandra Millan

### Year 2

Joseph Brady  
Kaida Howard

### Year 3

Wyatt Hewitt  
Chantelle Smedley

### Year 4

Tegan Pattel  
Xander Brookman

### Year 5

Victoria Silva De Oliveira  
Codi Alberts  
Jordan Voois

### Year 6

Sadyr Silva Paiva

### LOTE

Geovana Santos Silva

### LIBRARY

Bowarrie Ingui



## 3LO's COMMUNITY CONNECTIONS



As part of 3LO's community connections this year, we will be collecting old, clean towels for distribution to the Alma Street Veterinary Clinic. These towels are an important part of an animal's after surgery care and the Clinic staff are very appreciative of any donations received. If you have any old towels you would like to donate please drop them into the school office.

## SPORTS DRAW – Friday 31 July

### Rugby League

Year 6	vs Mt. Morgan at Victoria Park Top 12:45pm
Year 5	vs Berserker St at Victoria Park Top 1:45pm

### Netball – All games played at Jardine Park

Snr C	vs Gracemere on court 8 @ 12.30pm
Snr D	vs St Peter's on Court 8 @ 1.50pm
Jnr E	vs RGGS on Court G13 @ 1.10pm

### Hockey – All games played at Kalka Shades

Glenmore 1	vs RGS 1 on Grass 1 @ 1.00pm vs St Mary's 2 on Grass 2 @ 1.40pm
Glenmore 2	vs Frenchville 2 on Grass2 @ 1.20pm vs Heights College 4 on Grass 3 @ 2.00pm
Glenmore 3	vs Allenstown on Grass 2 @ 1.00pm vs Frenchville 1 on Grass 3 @ 1.40pm
Glenmore 4	vs Heights College 4 on Grass 3 @ 1.20pm vs Park Avenue on Grass 2 @ 2.00pm

## BOOK WEEK

### Book Week August 22-28 August

Book Week's theme this year is "Books Light Up Our World". To celebrate Book Week this year students will be invited to wear their brightest clothes to school on Thursday, 27 August.

In order for students to receive an invitation to wear free dress they must come to the library and complete a light bulb to let everyone know which book lights up their world and why.

Once they have completed their light bulb they will receive their invitation.



## BASKETBALL CLINIC



The Year 3 and 4 students commenced a Basketball Clinic in Week 1, facilitated by Rockhampton Basketball. The clinic is fully funded by CQ Sporty Schools and will run for the duration of Term 3. All of the students are lucky enough to be playing alongside players from the Rockhampton Cyclones and Rockets. The coach and

players conduct the clinic and teach the students drills and games.

## BIRTHDAY WISHES



Happy birthday to the students celebrating their birthday this week.

Callie Rigg, Suzanne Agugo, Peter Brady, Joseph Brady, Sarah Riley, Tyson Saplos, Daniel Honnery, Fleur Reeves, Grace Carney

## CHORAL FESTIVAL

Education Queensland's Choral Festival has become a major highlight of the musical calendar in this region. It is a wonderful opportunity for our children to participate in a concert in a professional venue with a professional conductor. The 2015 Choral Festival will be on Monday 14 September and will feature a special guest conductor, Paul Jarman. Students from Years 4 to 6 are eligible to participate in the Choral Festival and we have 40 students showing interest in attending.

Rehearsals for the next few weeks are Tuesday mornings at 8.00am.

## ICAS RESULTS

International Competition and Assessments for Schools (ICAS), 2015 RESULTS

### Digital Technologies

This year, an increased number of students competed in the ICAS Digital Technologies competition. The competition provided a good range of questions on computer knowledge including general skills, word processing, graphics/multimedia, internet/email and databases/spreadsheets, and explores the use of ICT skills in cross-curricula priorities. Our students, Year 3 in particular, showed a sound knowledge of computer navigation.

Students from Glenmore were awarded three certificates of Credit, two Merit Certificates and three participations.

Graphics/Multimedia was the area that Glenmore students performed best in. Year 3 students did particularly well in General Skills, Graphics/Multimedia and Spreadsheet/Database and their area for improvement is Internet/Email.

The following students were awarded certificates:

### CREDIT

Shova Yadav Top 14% of Year 3 participants in Australia  
Caitlin Rose Top 21% of Year 3 participants in Australia  
Declan Lye Top 21% of Year 3 participants in Australia

### MERIT

Ebony Lye Top 46% of Year 4 participants in Australia  
Tegan Pattel Top 46% of Year 4 participants in Australia

### PARTICIPATION

Raya Barrett  
Xander Brookman  
Portia Foley

### PRINCIPAL'S AWARD

Shova Yadav



20/07/2007

## P&C NEWS

**SPOT YOUR DATE OF BIRTH TO WIN A \$5 TUCKSHOP VOUCHER!**  
If you find YOUR own full date of birth printed in this newsletter you are a WINNER!

Simply phone the school office on 4923 0666 before 3pm on Monday 3 August and you will receive a \$5 tuckshop voucher.

*Note: One date of birth has been selected and hidden/printed in small font in this edition. Competition open to students of Glenmore State School only.*

Unfortunately we had no winner again last newsletter so this week we are putting in three hidden dates of birth! ☺

**Reminder - Tuckshop is closed Friday mornings during parade.**

### UNIFORM SHOP OPENING HOURS

Monday, Wednesday and Friday mornings 8.30am – 9.30am

**Our tuckshop is in desperate need of helpers on Monday, Wednesday and Thursday. If you can spare time in the mornings from 9-11am it would be greatly appreciated. If you are able to help please pop in and see Julie in the tuckshop or phone 4923 0628**

You're invited to...



# family connect



A new opportunity for families at Glenmore State School...

- Fun... playing together!
- Faith... exploring life together!
- Food... eating together

**This week! Free Pizza & Soup for Tea!**

### Activities that promote Connection!

*This is another initiative of the Rockhampton Baptist Church Family which has been involved with Glenmore State School for many years with KidsHope and Breakfast Club.*

For more details, contact: **Ross or Sharon Wardill Ph 49269669**

**Please note: Children need to be accompanied by a parent or guardian!**



Providing opportunities for families to connect!

Commencing...

**Wednesday, 5th August  
5:15 - 6:30 pm**

**In Covered area near Tuckshop**

Continuing on 1st & 3rd Wednesday  
Evenings during school term

**Keep collecting  
your Woolworths  
Earn & Learn  
stickers and drop  
them into the  
school office.**



## It's back!

Help make a difference for  
your local school or ELC

### PARENT OPINION SURVEY - CLOSING 31 JULY – LAST CHANCE TO COMPLETE

*If you have already completed your Parent/Caregiver Survey, thank you and please disregard this notice. If not already completed, the online surveys will remain open until 31 July 2015. This is a great opportunity to have your say about what this school does well and how this school can improve. Access details were distributed to students in week 1. If you have misplaced yours please contact the office on 4923 0666.*