



# Glenmore State School Newsletter

## NEWSLETTER NUMBER 24

### 13 August 2015

#### Thought for the week:

*Eventually we all have to accept full and total responsibility for our actions, everything we have done, and have not done.*

— [Hubert Selby Jr.](#)

#### PRINCIPAL'S NEWS

Last Friday, Glenmore State School officially adopted Constable Kama Burgess as our Adopt-a-Cop. This occasion was particularly significant as Glenmore has not had an Adopt-a-Cop in recent times and also because Constable Burgess is a parent of our school. We look forward to Constable Burgess being an integral part of our school community.

The Adopt-a-Cop program was implemented in 1985 to build positive relationships between police and members of the school community through the voluntary appointment of Adopt-a-Cops to schools. The program is an integral part of policing and reflects a greater emphasis on police partnerships with the community. Currently there are over 950 Adopt-a-Cops performing duties in over 1100 Queensland schools.

Adopt-a-Cops perform a rapport-building and educational role within the school.

Last week, I wrote about Glenmore's success again this year in NAPLAN. Over the past week, I have had a chance to analyse additional data and there are several more achievements to celebrate.

#### Our Year 3 students outperformed:

- 16 state and non-state schools in the Rockhampton area in Numeracy
- 14 state and non-state schools in Grammar & Punctuation
- 10 state and non-state schools in Spelling and Reading

#### Our Year 5 students achieved:

- a relative gain (the improvement from Year 3 to Year 5 scores for the same group of students) in Numeracy, of 104 points. This is a significant gain and exceeds the region's expectations.
- Glenmore's highest mean score in NAPLAN for Year 5 Numeracy
- Glenmore's second highest mean score in NAPLAN for Year 5 Reading

Our Step into Prep with Playgroup enters its third week this Friday. Our enrolments in the program have now grown to ten. Children completing the required number of sessions qualify for a set of uniforms and other school requisites to ensure they are fully kitted out for the start of prep in 2016. The program is tailored to children not already in childcare or kindy settings, and uses the Abecedarian approach.

Glenmore's two school rules – "Keep your hands, feet and objects to yourself" and "Follow the teachers' instructions immediately" are the benchmarks which we expect students to meet from entering the school gate in the morning to leaving in the afternoon. These rules are simple and it is easy to establish if a student has followed them or not. Thank you for reinforcing these rules at home. It is important for students to remember that when you choose your behaviour, you are also choosing the consequences. The second part of our school motto relates to "responsibility". What does responsibility look like?

- **Answer for your own actions.** Don't make excuses or blame others for what you do.
- **Take care of your own matters.** Don't rely on adults to remind you when you're supposed to be somewhere or what you're supposed to bring.
- **Be trustworthy.** If somebody trusts you to borrow or take care of something, take care of it. If somebody tells you something in confidence, keep it to yourself. It's important for people to know they can count on you.
- **Always use your head.** Think things through and use good judgment. When you use your head you make better choices.
- **Don't put things off.** When you have a job to do, do it. Doing things on time helps you take control of your life and shows that you can manage your own affairs.
- **When you agree to do something, do it.** If you let people down, they'll stop believing you. When you follow through on your commitments, people take you seriously.

*Mark Danlop*

Principal

*Quality Learning in a Caring Environment*

*All parents are invited to attend monthly P&C Association meetings*

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Great state. Great opportunity.



## NEWS FROM THE DEPUTY ....

### GLENMORE STANDARDS

This week's participants are as follows:

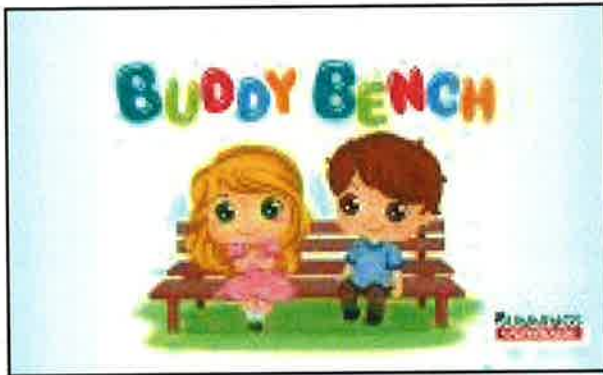
#### **Gum Leaf**

Carissa Smith  
Maddyson Currie  
Harmony Hayes  
Dakota Draper  
Rhys Coleman  
Cooper Millan  
Jamelia Grimshaw  
Breanna Cooney  
Kiara Backo  
Jahnt'e Dow

#### **Gum Nut**

Lilian Pointing  
Elexis Riley  
Matthew Orteza  
Shova Yadav  
Emily Shelton  
Ashlee Stennings  
Henry Burgess  
James Bongco  
Kayla Foley  
Alan Sharp

**Due to a technical error we do not have photos of last week's recipients. Watch this space next week for our photos.**



#### **Can Glenmore get a buddy bench?**

SEA FM is bringing The Buddy Bench into our local school playgrounds. Throughout August, Mark & Juanita will be installing Buddy Benches made by Bunnings into our Cairns & the Tablelands schools.

The Buddy Bench is a permanent bench where children are encouraged to sit if they are feeling lonely, bullied or have no friends that day.

- If a child sits on the 'Buddy Bench' they must say yes to the first friend who invites them to play or walk and talk.
- If a child sees someone else sitting on the 'Buddy Bench' they must invite them to play or walk and talk.
- If two children are sitting on the 'Buddy Bench' they should turn to each other and invite each other to play or walk and talk.

**Glenmore State School would LOVE to be able to get a BUDDY BENCH – we need your help!**

Please visit the website -

<http://www.995seafm.com.au/win/buddy-bench/> - there is a link on the website and you need to write why you would like to win a buddy bench for our school in **50 words or less**.

**LIFE EDUCATION** – please return your form and \$6 to the school office. Remember to indicate if you wish to attend the parent session. The following is a message from the Life Education educator to the parent community:

*The Life Education van is visiting Glenmore State primary school from Tuesday 25 August to Wednesday 2 September, 2015. In addition to the lessons in the van, all students and classroom teachers receive workbooks and resources to extend the lessons delivered in the Life Education classroom. Parents and carers can find out what their children are learning in the mobile classroom by going to the parent section of the Life Education website*

<http://www.lifeeducation.org.au/what-your-child-learned> and click on the link for the relevant lesson (ie Harold's Mystery Tour). You might also like to read over the 'conversation starter' ideas so that you can carry on discussing the lessons at home. There are also some fun and engaging online and offline activities you can do with your children as well as articles, tips and strategies on health and safety issues, and free apps to download.

Thank you for the opportunity to work with your children. Harold and I always enjoy our time at Glenmore and we look forward to returning.

Liz Hills

Educator

CQ Life Educator

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**This week's parenting article.....** Michael Grose looks at the importance of topping up Frequent Father points, and the benefits for both dads and for kids.

#### **Build up Frequent Father points**

By Michael Grose

A good friend enthusiastically told me how he was looking forward to spending a few days away on his own with his two kids, aged 10 and 13. He was feeling quite chuffed. He was having some 'dad time' with his kids. Good on him!

He was doing some memory building & relationship building, as well as having some fun. He told me that he was aware that his kids were getting older and he knew such opportunities were diminishing.

Gone are the days when the only relationship many men had with their kids was through their wife. She would explain him to the kids ('Your dad's very busy but he would love to see you play sport but he can't make it.') As well, she'd keep him up-to-date with the children's lives. Blokes, it seems, are valuing the time they spend with their kids **on their own**. Or at least the dads I mix with are. Spending time alone with kids is a great way to build confidence in dads. And the kids usually just love it.

Mothers can play a role here by not getting in the way if their husband or partner wants a little time alone with kids. (*Most mums I meet welcome this!*) Children usually associate their fathers with activity. When I ask children to tell me about their dads they usually talk about the things that they like to **do together** with their dads. Playing, walking, fishing, wrestling...the list goes on. It's through shared activity and involvement in kids' lives that dads build up **frequent father points**. It's hard to build good connection with kids when you are not there!

#### **Don't wait until adolescence!**

These relationships are best built in childhood, when kids just love their dads to bits and want to be around him. It gets trickier in adolescence, but having shared interests developed in childhood gives you a connection point during these sometimes-turbulent times. Dads also benefit from spending time with their kids. Most health scales state a healthy relationship with their children is a predictor of good health and longevity for men. I'm not sure where the health benefits come from, but I suspect there is something relaxing and de-stressing about getting into a child's space. There is a big kid inside most men just busting to get out.

These days we take parenting pretty seriously and it's easy to forget that one of the fundamentals of raising kids well is to spend some time in your child's space, doing stuff, or not doing stuff, whatever the case maybe.

So how are your (or your partner's) Frequent Father Points going? If they need some topping up then you can start by doing something together that they enjoy. Having a bit of fun together is the best place to start.

**Author's note:** Sole mums can take these ideas on-board to have a NO RULES weekend with your kids, where you have a change of routine and activity that can give kids the chance to see you in a different way.

*Lauree Lanyon*

Deputy Principal

## JUMP ROPE 4



Jump Rope For Heart - Our school is participating in the Jump Rope for Heart program. Jump Off Day 4 September, 2015.

You can help your child support valuable research into heart disease by registering them online. It's easy, safe and secure.

[www.heartfoundation.org.au/sites/jumpropeforheart](http://www.heartfoundation.org.au/sites/jumpropeforheart) Send emails to family and friends asking for sponsorship.

Check your child's bag for their fundraising and prize booklet. Every cent helps!

## A MESSAGE FROM YOUR LOCAL POLICE



Road Safety Message from your local police

School children are one of our most at-risk groups when it comes to road trauma and the whole community must play a part in keeping kids safe in and around schools.

This year, the Queensland Government is launching a state-wide road safety event – Queensland Road Safety Week – from August 17 – 21. This weeklong event is an opportunity for all Queenslanders to be directly involved in making our roads safer for everyone.

'Speaking up for road safety' is this year's theme, and we're encouraging the whole community to have their say on road safety. It's about encouraging all Queenslanders to talk about important road safety issues with one another –with their kids, their families, their friends and colleagues, and in the context of the education environment – their students.

Each day of the week focuses on a different road safety behaviour or issue. The focus for Thursday 16 August is 'sharing the road'. There will be a strong emphasis on vulnerable road users such as pedestrians and cyclists – making it a particularly important topic for discussion within the school community.

While we should be mindful of road safety in and around schools all year, Queensland Road Safety Week is a great opportunity to promote road safety responsibilities with parents, carers, teachers and students.

Throughout the week, we are encouraging everyone to make a pledge – to commit to improving a single road behaviour.

There are many ways to stay safe and keep others safe on the roads. You could pledge to:

- switch your phone off, put it on silent, or boot it before you drive 10/05/2009
- buckle up every time you get in the car – even when travelling short distances
- take regular breaks on long trips and avoid driving when tired at all times
- put the brakes on speeding – regularly check your speed, drive to the conditions, stay within the limits
- make a plan before you drink - stay at a mate's house, catch a cab or public transport, designate a driver for the night or organise a lift
- share the roads with others – be patient, let somebody in, give a wave of thanks to others doing the right thing, keep a look out for bicycles, motorcycles and pedestrians, know and follow the road rules
- have a conversation about road safety with your loved ones, friends, or colleagues
- be a better 'role model' to your kids on the road – it's where they learn most of their future driving behaviour!

For more information please visit [jointhedrive.qld.gov.au/road-safety-week](http://jointhedrive.qld.gov.au/road-safety-week). Everyone is invited to personally pledge their support for road safety via the site and we're encouraging all schools to participate in the week's events, particularly those focused on child pedestrian safety.

## LIBRARY NEWS

### Parent Invitation to Book Week in the Library

I would like to invite parents and caregivers to come to the library on Friday, 28 August for a free information session. The session will begin after parade and run for approximately 30 minutes.

You will have the chance to learn more about the library, our recently added Makerspace, Book Week and Glenmore's CAFE reading program.

No RSVP is necessary.

If you have any questions please contact Tania Biddulph in the library.

### National Reading Hour

Put Tuesday, 19 August from 6-7pm in your diaries and share a book with your child to be part of National Reading Hour.

The Reading Hour initiative reminds parents and caregivers that reading together doesn't have to be a massive undertaking in their busy lives, and that sharing a book with a child for 10 minutes a day - or just over an hour a week - will still give a child the best chance of becoming a good reader along with all the social and educational benefits it brings.

## P&C NEWS

### P&C – President's Blog!

**GET INVOLVED!** - Your local P&C association at Glenmore is.

This year in review (so far):

- Funding provided to purchase a new gazebo frame for sports day.
- Funding provided to purchase this year's senior badges.
- Donations towards positive feedback pencil prizes.
- Funding provided towards music recorders to be sold (through the uniform shop) at a discounted price.
- Funding provided to the Mothers' Day morning tea.

This year to come:

- Application to provide permanent rubbish bin solution near school bus-stop gates and McLaughlin street entrance.
- Approval to purchase a new oven for the tuckshop
- Grant application to upgrade Glenmore State School sign and entrance

Your P&C is interested in your child/s future! Help Glenmore get the best for your family and support the P&C fundraising activities.

**Pie Drive forms and money are due on Friday 14<sup>th</sup> August, so please drop your forms and money off to the Administration today and tomorrow.**

Remember, you don't have to be a P&C committee member to be involved. Just email [pandc@glenmoress.eq.edu.au](mailto:pandc@glenmoress.eq.edu.au) your name, [contact details and suggestions.](#)

### Gavin Pointing

PRESIDENT

**If you find YOUR own full date of birth printed in this newsletter you are a WINNER!**

**Simply phone the school office on 4923 0666 before 3pm on Monday 10 August and you will receive a \$5 tuckshop voucher.**

*Note: One date of birth has been selected and hidden/printed in small font in this edition. Competition open to students of Glenmore State School only.*

**Congratulations to Scarlett who found her date of birth last week!**  
**Reminder - Tuckshop is closed Friday mornings during parade.**

### UNIFORM SHOP OPENING HOURS

Monday, Wednesday and Friday mornings 8.30am – 9.30am

## STUDENTS OF THE WEEK

Congratulations to the following students for their great effort.

### Prep

Courtney Miller  
Kade Constable  
Shannon Hunt

### Year 1

Dakota Draper

### Year 2

Dusty-Lee Heinemann  
Maddyson Currie  
Indianna Clark

### Year 3

Felicity Stafford

### Year 4

Ken Nguyen  
Keicha Paia'aua

### Year 5

Thuan Le  
Anna Riley

### Year 6

Storm Cockburn  
Bernadette Catubig  
James Ingui

### LOTE

Fluer Reeves

### LIBRARY

Carys Wratten



## 3LO's COMMUNITY CONNECTIONS



Mrs O'Farrell and some students from 3LO will be visiting Alma Street Veterinary Clinic next Wednesday to deliver the towels the class has been collecting as part of their community connections.

If you would have any old, clean towels please drop them in to 3LO or the school office. These towels are an important part of an animal's after surgery care and the Clinic staff are very appreciative of any donations received.

## HATS

It is essential that ALL students have a hat at school. It is part of our school uniform and in the Central Queensland climate, essential to help prevent early sun damage. Hats are needed for outdoor lessons such as Physical Education. Students without hats have limited places to play at lunchtime and are therefore often bored. Please ensure your child / children have a hat at school every day. School hats are readily available at the tuckshop for \$10.

## SPORTS DRAW – Friday 31 July

### Rugby League

Year 6	vs St Peters at Rocky High Top - 1.45pm
Year 5	<b>MINOR SEMI-FINAL</b> vs Mt Archer at Rocky High Top – 12.45pm

### Netball – All games played at Jardine Park

Snr C	vs Mt Archer on Court 6 @ 1.10pm
Snr D	vs Heights College on court 5 @ 1.50pm
Jnr E	vs Cres Lagoon on Court G14 @ 1.10pm

### LAST WEEK NETBALL RESULTS

Senior C defeated St Anthony's 12-6

Parkhurst 7 defeated Senior D 7-2

Junior E defeated Mt Archer 8-0

### Hockey – All games played at Kalka Shades

Glenmore 1	vs Crescent Lagoon 1 on Grass 3 @ 1.00pm vs St Joseph's W 2 on Grass 2 @ 1.55pm
Glenmore 2	vs St Joseph's PA 1 on Turf 4 @ 1.20pm vs RGS @ on Turf 3 @ 2.00pm
Glenmore 3	vs St Joseph's W 4 on Grass 2 @ 1.00pm vs St Joseph's PA 2 on Grass @ 1.55pm
Glenmore 4	vs Heights College 2 on Turf 3 @ 1.20 vs St Mary's 3 on Turf 2 @ 2.00pm

## BIRTHDAY WISHES



Happy birthday to the students celebrating their birthday this week.

Codi Alberts, Fernanda Moreira De Jesus, Brock Davies-Bolton, Bowarrrie Ingui, Bradley Bailey, Caitlin Rose, Jai Canham, Malcolm Darkin, Shannon Hunt

## COMBINED SCHOOLS CONCERT -STRINGS

### Instrumental Music Combined Schools Concert – Strings

The annual **combined schools workshops and performances** for all Instrumental Music students will be held over the coming weeks. Each student has been given a letter including all the details about the workshops and concerts. Please check that your child has received a letter. The permission forms **must** be returned to school by Friday. The bus will transport students from the front gate of Glenmore Primary leaving at 8.25 am directly to North Rockhampton High school and returning to the front gate of Glenmore Primary in the afternoon.

This event involves all Instrumental Music students and teachers. Please read the following information about workshops, lessons and before school rehearsals:

Monday 17 August Workshop for all **string** students at North Rockhampton High school

9.00am – 2.15pm Junior and Senior String Students

6.30 – 7.15 pm Performance at North Rockhampton High

Tuesday 18 August Workshop for all **band** students at North Rockhampton High

9.00am – 2.15pm Junior and Senior Band Students

6.30 – 7.15 pm Performance at North Rockhampton High

Thursday 20 August

**No lessons for string students**

**No before school rehearsal.**

Looking forward to seeing you all at our concert. Thank you for your support.

Anne Svendsen

String Teacher

## ICAS SCIENCE RESULTS

This year 12 participants from Years 2 to 6 sat the 2015 Science competition answering some challenging questions covering many areas of science including Observing/Measuring, Interpreting, Predicting/Concluding, Investigations and Reasoning/Problem Solving. Interest was high in the lower school with 5 Year 2 students and 4 Year 3 students and they achieved some of our best results.

Our particular strengths were in the following areas:

Year 2: Interpreting

Year 3 Observing/Measuring; Predicting/Concluding

Year 5 Predicting/Concluding

Congratulations to all participating students who were awarded the following certificates:

### CREDIT

*Declan Lye 3LF (top 31% of Year 3 participants in Australia)*

### MERIT

*Jemima James 2CN (top 40% of Year 2 participants in Australia)*

### PARTICIPATION

*Hudson Alderson 2CN*

*Leeanna Brill 2CN*

*Ryan Brookman 2CN*

*Sienna Lyons 2CN*

*Shova Yadav 3LO (top 47% of Year 3 participants in Australia)*

*Raya Barrett 4HD*

*Ebony Lye 4SO*

### PRINCIPAL'S AWARD

*Sienna Lyons 2SH*

## COMMUNITY NOTICE

### Catholic Sacraments of Penance (2015) and Confirmation on and Eucharist (2016)

All parents who wish their child/children to receive these Sacraments in 2015/2016 are invited to attend a parents only meeting on

Tuesday, 11 August at 7:00pm  
in the Holy Family Church (Feez Street).

For more information, please contact Anne Wellings at the parish office (4928 2800) or Beryl Mills (berylmills18@gmail.com).

## C & K COMMUNITY KINDERGARTEN



Glenmore C & K Community Kindergarten is now taking enrolments for 2016.

Feel free to come in a fill out a waiting list form or this can also be done via our website [www.candk.asn.au](http://www.candk.asn.au) and state Glenmore as your preferred centre

**You're invited to...**

→ **family connect** 

A new opportunity for families at Glenmore State School...

Fun... playing together!  
Faith... exploring life together!  
Food... eating together

**This week! Free meal**

**Activities that promote Connection!**

This is another initiative of the Rockhampton Baptist Church Family which has been involved with Glenmore State School for many years with **KidHope and Breakfast Club.**

For more details, contact: **Ross or Sharon Wardill Ph 49269669**

**Please note: Children need to be accompanied by a parent or guardian!**

**Next event...**  
**Wednesday, 19<sup>th</sup> August**  
**5:15 - 6:30 pm**  
**In Covered area near Tuckshop**  
Continuing on 1st & 3rd Wednesday  
Evenings during school term

  
Providing opportunities for families to connect!

# Pie Drive Money and Forms due back now!!