

Glenmore State School Newsletter

NEWSLETTER NUMBER 29
17 September 2015

Thought for the week:

"In times of grief and sorrow I will hold you and rock you and take your grief and make it my own. When you cry I cry and when you hurt I hurt. And together we will try to hold back the floods to tears and despair and make it through the potholed street of life"
— Nicholas Sparks

PRINCIPAL'S NEWS

This week has been a tough week for staff and students at Glenmore. On Tuesday morning, we were advised that Mrs Shirley Manley, our library teacher aide, had passed away in the early hours of the morning. This news left us quite stunned and there was great sadness hanging over Glenmore after Mrs Lanyon and I advised staff prior to the commencement of the school day.

Mrs Manley, through her role in the library, was someone with whom ALL Glenmore kids had regular contact. Mrs Manley helped change their books, helped them find that particular book, and was always on duty during lunch breaks for those students who enjoyed the various activities on offer in the library. Year 1 JM and 6MO in particular, were assisted during Reading Hour each day, by Mrs Manley. Her manner with children was always kind and caring. Mrs Manley will be greatly missed by the Glenmore school community.

Mrs Biddulph has organised a memory box in the library and we encourage students to write a small note, or make a card focusing on their memories of Mrs Manley. The memory box will be given to Mrs Manley's family at the appropriate time. I have already heard some wonderful stories of students' efforts with this gesture.

On a far happier note, we were privileged to have St Brendan's College Indigenous Dance groups visit our school on Tuesday morning. They performed Aboriginal dances and Torres Strait Island dances for our whole school. Students were also involved in some dances – and many staff members (even the Principal) were also "roped into" joining in! It was a wonderful performance by the St Brendan's boys – they were fantastic. Glenmore had an opportunity to give a sneak preview of a well-kept secret – and it really impressed our visitors. Jay-Dee, a Year 3 student who has been practising for our end-of-year celebration, showed the audience and visitors a little of his didgeridoo playing talents.

Yesterday, John Fleming visited Glenmore to work with our teachers. He did observations of warm-ups in eight classes and provided feedback to teachers. John commented very positively on the consistency of practice across all the classes he visited and acknowledged the high level of skill of our teachers. We have been

working closely with John for 2 ½ years to this point. His assessment of our journey is that we are far more advanced at this same point than some key Far North Queensland schools were. John has been working with these FNQ schools now for five years and their achievement is now outdoing the national data. In another two years, that will be Glenmore.

Selection processes are currently underway to appoint a permanent Deputy Principal and a permanent Head of Special Education Services to Glenmore. Both these positions have been advertised on Smartjobs and the selection panels are currently reviewing applications prior to shortlisting and interviews. The outcomes of these selection processes will be announced on 16 November. These positions have been filled in an acting capacity for 2015 by Mrs Lanyon (DP) and Ms Kelly (HOSES), both of whom are doing an outstanding job within the leadership team to keep Glenmore moving ahead.

Glenmore tasted more sporting success last Friday with a win in Oztag against Frenchville and in the academic field, our most accomplished spellers have contested the great Glenmore Spelling Bee, organised by Mrs Biddulph. The winners are spelling words several year levels above their own – fantastic work! Mrs Suffolk, our Master Teacher, has been preparing teams of Year 5 and 6 students for the Maths Team Challenge held today at the Mike Maher Centre.

Year 2 is still leading the attendance race this term with 91%. Year 3 and 5 are close behind on 90.4%. Every day counts for Glenmore kids. We can do 92.

School holidays begin at the end of this week. I can't believe we are already three-quarters of the way through the year. School resumes on Tuesday 6 October. It is important that students are back and learning on that day. I wish all our Glenmore families a safe holiday break.

Mark Daxlop

Principal



School success starts
with attendance

Quality Learning in a Caring Environment

All parents are invited to attend monthly P&C Association meetings

Farm Street
NORTH ROCKHAMPTON, Qld 4701

Phone: 07 4923 0666
Fax: 07 4923 0600

Email: admin@glenmoress.eq.edu.au
Web: glenmoress.eq.edu.au

Great state. Great opportunity.



NEWS FROM THE DEPUTY

Glenmore Standards:

Students are wearing their uniform with pride and trying to be the best they can be – showing your support by ensuring your child arrives each day to school neat and tidy with their required school requirements indicates to your child the importance of being well presented and organised for the school day. This is a life- long trait that will be required in their future working life.

Our recipients this week are as follows:

Gum Leaf

Katie Kleidon
Ella Spring
Ethan Shaw
Christian Moulder
Cleopatra Rose
Dusty-Lee Heinemann
Georgina McMullen
Isabelle Russell
Cameron Price
Bailey Hartog

Gum Nut

Tegan Pattel
Grace Carney
Thais Carvalho Dos Santos
Renee Stennett
Deakin Geebung
Jorja Quinn
Gemma Smith
Kaine Broszat
Isabelle Heise
Jayden Price



This week's parenting article:

Mindsets that will radically improve your parenting

By Michael Grose

The best intentions may not be enough to raise happy kids. Here are 10 mindsets to help you on the path to parenting success.

All parents want to be successful and raise kids to be happy and contributing members of our community. Good intentions are not enough. Often there is no difference between one parent and another in terms of skills, knowledge and understanding of kids. However, the biggest difference can be found in parents' mindsets, rather than their parenting skills and understandings.

Here are 10 mindsets for parenting success:

1. Believe in your child

This is easy if you have an early maturer, a child who has talents you value, or one who easily achieves anything he or she puts his mind to. But it's a different story if you have a child who struggles at school or to make friends, or just has a different interest to you. Your belief in your child's abilities is revealed through your expectations, your body language, even the expression on your face.

2. Look for the best

What you focus on expands so if all you see is misbehaviour, weakness and poor performance then you'll get more of those things. Set your antennae for children's strengths, abilities and social behaviours and you'll invariably get more of those.

3. Think long term

If you want your child to become independent then don't do everything for him or her; you need to teach them some skills so they can become self-sufficient.

Awareness, teaching and opportunity are the main requirements for kids to pick up these skills. They need to be aware of what can be done. They need to acquire the skills - some take more teaching than others. They also need the opportunity to put things into practice.

4. Be brave

Parents of large families invariably give their later born children more freedom than they gave their first-born. We are always stricter with our first-born than later born as by the time you have 4 or 5 kids you've worked out what's worth worrying about. So if you are parent of one or two kids give them more freedom and responsibility; you need to be brave!

5. Think family

Successful parents have found a way to lead their family in one direction. To do this you must think in terms of parenting 'the gang' rather than individual children. "What's in the best interest of my child?" has replaced "What's in the best interest of the family?" as



**Week 9
Gum Nut
Award Winners**

**Week 9
Gum Leaf
Award Winners**



Indigenous Dance Performance:

On Tuesday 15 September, Glenmore State School welcomed St Brendan's Dance Troupe for a dazzling dance performance. Teachers and students participated in parts of the show displaying a flair for dance and movement. The whole school also participated in a sit-down dance called the 'Taba Naba'.

We watched dances from two groups – The Murri Bungi and The Torres Strait Islands Group – we also listened to the sounds of the didgeridoo and drums.

The dances were high spirited, easy to clap along to and full of well-known animals. The dance troupe will be back in Term 4 to conduct a dance workshop with our Indigenous students in years 3 to 6 as part of NAIDOC and Glenmore end of year celebrations.



the guiding family principle. This has partly come along as a result of small families, and partly it's a social imperative that is common among aspirational parents where wanting the best for your kids means wanting what's best for each child as an individual, rather considering what may be in the best for the entire gang.

6. Accept challenges

There are always challenges raising kids. It's important to embrace these challenges whether they are behavioural, or a child has struggles at school, or he is moving into puberty. It's these challenges that will make you a better parent.

7. Build your community

Parents don't raise kids well in isolation yet there is often a reluctance to share the parenting with others. Successful parents know they haven't all the answers so they build a community of support and expertise around them.

8. Trust the process

Sometimes the desire to want the very best for our child can lead us to interfere at school, pre-school, childcare, even when kids are at their grandparents. It's best to trust the process and allow people to educate, care for and look after your child in their own way.

9. Adversity builds character

It's natural to want life to be easy for our children, but sometimes in an effort to ensure their well-being we smooth things over for them. It is through the small hardships that kids experience that they build the persistence and resilience necessary for continued success.

10. This too shall pass

The hardest part of parenting is supporting kids when life doesn't go their way. There is plenty of research that suggests that kids benefit from having parents who have a positive parenting style that gets the balance right between protecting, teaching and nurturing kids when life gets hard. This starts with the belief that "This hardship too shall pass."

End of Term 3:

I hope you all can find some time over this Spring Vacation to rest, relax and chill!!! Life can be so hectic that we tend to feel we are on a never ending treadmill. Take the time to stop. Spend time with your children. Have fun. Be safe.

See you in term 4 – please remember Monday 5 October is a Public Holiday – school resumes on Tuesday 6 October.

Lauree Lanyon

Deputy Principal

BIRTHDAY WISHES



Happy birthday to the students celebrating their birthday this week and over the holidays:

Georgina McMullen, Claire Flower, Lucinda Barron, Cooper Millan, Joshua Sims, Thomas Sims, Eliza Jones, Freda Paia'aua, Keicha Paia'aua, Sarah Paia'aua, Emily Shelton, Lachlan Boyce, Xavier Hermann, Alexia McInnes, Noah Broom, Matheus de Oliveira Elias, Wesley Balderson, Jade McCallum, Karen Arnaldo Cruz, Kye Ramsay,

P&C NEWS

UNIFORM SHOP OPENING HOURS

Monday, Wednesday and Friday mornings 8.30am – 9.30am

TUCKSHOP CLOSED
FRIDAY 18 SEPTEMBER 2015

SPORTS DRAW

CRICKET

Junior	vs Frenchville @ Frenchville SS
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OZTAG – Saleyards Park

Glenmore Boys	vs Frenchville Boys B	Field 1 - 1.35pm
Glenmore Girls	vs RGS Girls C	Field 7 – 12.45pm
Glenmore Mixed	vs Parkhurst Mixed B	Field 2 - 12.45pm

BASKETBALL – Hegvold Stadium

Glenmore 1	Allenstown Forfeits
Glenmore 2	
Glenmore 3	Glenmore teams will stay at school
Glenmore 4	and play off against each other

STUDENTS OF THE WEEK

Congratulations to the following students for their great effort.

Prep

Zackeriah Dickinson
Quennie Mamaril
Lincoln Alderson

Year 1

Hudson Doblo
Karen Arnaldo Cruz
Harmony Hayes

Year 2

Riyan Gautam
Meadow Russell

Year 3

Cooper Millan
Chantelle Smedley

Year 4

Rhys Wood
Freda Paia'aua

Year 5

Daniel Scandlyn
Juliana Agbisit

Year 6

Matheus de Oliveira Elias
Gemma Smith
Ana-Lea Elliott

LIBRARY

Shaylee Ohl

SEP

Jamelia Grimshaw



SPELLING BEE

Glenmore State School students have been competing in a Spelling Bee over the last couple of weeks. Our students have worked very hard on their spelling words this year and that was clearly evident in the words that they were able to spell. Our Year One students were even able to spell some of the words on the Year Five list! Congratulations to our Year Level winners:

Year 6: Jorja Quinn

Year 5: Juliana Agbisit

Year 4: Tegan Pattel

Year 3: Cooper Millan

Year 2: Riyan Gautam

Year 1: Krit Bhattarai

Prep: N'etochukwu Agugo



3LO COMMUNITY CONNECTIONS

As part of 3LO's community connections this year, we collected old, clean towels for distribution to the Alma Street Veterinary Clinic. These towels are an important part of an animal's after surgery care and the Clinic Staff were very appreciative of our donations. We collected 15 bags of towels and 5 bags of newspapers.



COMMUNITY NOTICES

September Holiday Fun – Zombies, reef tank discovery and koala highways

What do zombies and seagrass have in common?

Explore and identify underwater habitat using magnifying glasses and charts. Discover which species rely on this habitat and why it is needed in Keppel Bay. Play Seagrass vs Zombies & other challenges!

Tue Sep 22 2-3pm – Guest expert Dr Emma Jackson

Thu Oct 1 2-3pm

Do koalas have a secret highway in the sky?

Are koalas under threat and do they need a secret highway? Meet zookeeper James and discover what research and action is happening locally.

Thu Sep 24 11am-12pm

Thu Oct 1 11am-12pm

What in the world is Zooxanthellae?

Discover what zooxanthellae is! View living corals from the Great Barrier Reef in our reef tank and meet living reef creatures face to face!

Tue Sep 29 2-3pm

Exhibits: Tue – Friday 10am - 4pm

Interactive Reef Tank – Identify corals – Control night and day and see what happens!

Identify Creatures on 'Reef Cam' – live streamed from local reef locations

Seagrass Detective – Examine and identify live species, games and challenges

Check out the activities and displays at FLOW www.discovercq.com

Old Post Office, Cnr East & Denham Sts, Rockhampton | Open Tue-Fri, 10am-4pm

Thanks for your help and see you soon in FLOW!

st.george ROKIES 2 REDS .com.au

SCHOOL HOLIDAY CLINIC

\$40 VALUED AT OVER \$300

- 4 hour Coaching Session tailored to your age group
- Family Pass to the 2015 National Rugby Championship or 2016 St. George Queensland Reds home game
- 10% off Reds Merchandise (excludes sale items)
- St. George Rookies 2 Reds hat and ball

Location: Jardine Park on the Rugby Oval
Southside United Sports Club
84 Wandal Rd, Wandal QLD 4700

Date: Thursday, October 1st 2015
Time: 9:00am - 1:00pm
Age Groups: Ages 5 - 11
For more information contact:
Treat Sullivan
0418 797 624 treat.sullivan@gru.com.au

BEGIN YOUR JOURNEY FROM ROKIES2RED TODAY
REGISTER ONLINE AT ROKIES2RED.com.au
OR CALL 1300 QLD REDS (1300 753 733)

All aboard!

School Holiday Fun

Archer Park Rail Museum

Ride the Purrey Steam Tram and have a close look at the C17 Steam loco
Climb aboard restored passenger carriages
Change the signals and use the antique phones and other fun activities. Food on sale.

MONDAY 21 SEPTEMBER and MONDAY 28 SEPTEMBER 2015
10am - 1pm
Children (18 mths and over) \$8
One adult free per family,
Extra adults \$5.50

Supported by Managed by Friends of Archer Park Station and Steam Tram Museum Inc.
Archer Park Rail Museum | Denison Street Rockhampton | Phone | 4936 8191
Email archerpark@bigpond.com
<http://qldrailheritage.com/archerpark/>

Term 3 ends
Friday 18 September
Term 4 begins
Tuesday 06 October