



# Glenmore State School Newsletter

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Lesson #1  
We need  
safer  
streets



Each year dozens of Queensland children are injured travelling to and from school.

Lesson #4  
Walking  
to  
school



Walking to school is great exercise and gives children the chance to learn about road safety. However, it is recommended you walk to school with primary school children and point out the dangers to them.

SAFE  
SCHOOL  
TRAVEL

Lesson #2  
Driving  
near  
schools

Children can be unpredictable so always slow down around schools. Watch for children riding, walking or getting out of vehicles.



Lesson #3  
Catching  
a  
bus



Walk children to the bus stop for some time, particularly if they are in primary school.

Lesson #5  
Riding  
a  
bike



Deciding when your child is ready and able to ride safely to and from school is very important. Riding a bike is a great way to get to school however, it is a good idea to accompany your child until you are confident they have the necessary skills to get there safely.

*Quality Learning in a Caring Environment*

*All parents are invited to attend monthly P&C Association meetings*

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Great state. Great opportunity.



## PRINCIPAL'S NEWS

### Thought for the week:

*If someone is going down the wrong road, he doesn't need motivation to speed him up. What he needs is education to turn him around.*

### Jim Rohn

Welcome to our first newsletter for 2016. What a positive start it has been to the school year! Our Day 8 enrolment will be the highest since the transition of Year 7 to high school at the end of 2012 and we are currently heading toward 80. Prep students enrolled – a very positive sign for the growth of Glenmore State School. Given the growth in enrolment, it is highly likely that there will be some modification of our current class structure to cope with this increase.

As I mentioned in the Week 1 letter, our Glenmore students have returned with a high standard of uniform and ready to learn. I need to thank our parents and caregivers for ensuring your children are proudly dressed in the Glenmore uniform. I estimate that around 80% of our students now wear black shoes – something we have been working on for some eighteen months. The uniform standard is a credit to students and their families, and Mrs Lanyon and I are adamant that this standard will be maintained throughout the year. To achieve that, we will be speaking to students (and parents as necessary) about:

- Inappropriate shirts or shorts / skirts / skirts
- Excess jewellery or other adornments
- Brightly coloured shoes (especially when we know a student has black shoes) and socks
- Personal presentation – collars, buttons, shirts tucked in

We are constantly acknowledging students who meet our 2016 uniform standards. The uniform is the first thing that the general public notice and I want that first impression of Glenmore to be good.

At Glenmore we have rules and we have expectations, – “The Glenmore Standards” - of the way students conduct themselves. The vast majority of students meet these standards each day and this positive behaviour is recognised and rewarded – Student of the Week, Flying High, Rising Star and Gotchas and part of our weekly positive behaviour recognition. Longer term, the three levels of Glenmore Standards give students something to aim for.

This year, we have reviewed some of our routines – particularly those before school. Key points are as follows:

- Students who arrive at school before 8.30 a.m. must go directly to the senior covered area **with their school bag**
- At 8.30 students can go to their classroom, play handball or talk with friends under the senior covered area and go to the basketball court for some organised activity
- Prep to Year 2 students are expected to go to their classroom at 8.30 where they can read or do indoor activities until school commences
- Entry to the school grounds is via Gates 6, 8, 9 and 12 – the bottom car park gates will be shut

Learning and student achievement remain our top priority. The mission of the last three years will continue, the goal being continued school improvement. Our academic focus will be on Mathematics and writing. John Fleming is working with Glenmore again in 2016 and the focus of his work will be high expectations and teaching practices to increase the percentage of students in what we call the Upper Two Bands (U2B). Coupled with high student achievement is attendance. I believe we can beat the 92% target this year. **We CAN do 92.**

Students have many opportunities apart from the regular classroom and school activities. Interschool sport is a major part of this and I strongly encourage students to take up this opportunity.

Instrumental Music is another key extra-curricular activity and this program has continued to expand. Student leadership positions will be finalised in the coming week – House Captains, Music Captains, Library Leaders and Student Forum representatives. Student Forum plays an important role in our school. The badge presentation will be scheduled as soon as practical after these positions are finalised.

At Glenmore we have students from many different cultures, each with their own customs and beliefs. This year, I would like to acknowledge and celebrate each of these cultures on their national day or other important occasion. I strongly believe the multicultural school community is Glenmore's greatest strength. The appreciation of different cultural backgrounds is something we as adults must engender in our students. First and foremost though, they are our Glenmore kids and when I see students from many different cultural backgrounds all out playing soccer at lunch time, it reinforces my belief that we are well and truly “there” with multiculturalism.

Another priority for 2016 is establishing a social media presence for Glenmore to better communicate with our school community and proactive marketing of our school.

To conclude this week's column, I can reassure parents that the events of this week involving a hoax call to Glenmore High did not affect our operations at the primary school. We were able to offer the high school staff and students shelter from the extreme heat under our basketball court roof until they were able to return to school. I can also reassure parents that our emergency response procedures here at Glenmore State School will ensure safety of students should unexpected events happen. We already have an excellent working relationship with the high school and being in a position to help out this week has strengthened these ties. I look forward to a fantastic 2016.

*Mark Dunlop*  
*Principal*

## P&C PRESIDENTS BLOG

### Find Your Voice"

Hello! and a warm welcome to our school.



2016 is already shaping up to be a wild and exciting year. I would like to take this chance to introduce Glenmore State School Parents and Citizen's (P&C) committee of 2016.

Our committee is made up of several vibrant, active and committed members who see themselves as a valuable, and valued, part of their child's education. Working together alongside the heads of the school to review and provide answers to those questions:

- What do the parents and carers of Glenmore want for their children?
- Do the children of Glenmore have the right "tools of the trade" to enjoy success?
- Is there anything more we should be doing to support the school to ensure future success of our children?

Being an active member of the P&C has given me a and my children a "voice" when it comes to their education. You are very welcome to participate in the P&C, at whatever level fits with your lifestyle; we aim to be very flexible.

If you would like to "find your voice", then come along to our meeting 15th February meeting at 6pm in the Glenmore SS administration building.

Membership applications are available from the Administration office or you can email [panc@glenmoress.eq.edu.au](mailto:panc@glenmoress.eq.edu.au)

## DEPUTY PRINCIPAL'S NEWS

A very warm welcome back to 2016! We also have a large number of new families who have joined our Glenmore School community – please welcome these families if you see some new faces waiting for students at the end of the school day.

### Hot weather:

All booklists state a water bottle is required. Please ensure your child/children bring this to school each day. Water bottles are kept in the classrooms so that students can have a drink whenever they are thirsty. This also prevents students leaving the room to get a drink so that they can continue with their learning.

The school monitors the weather and will call an 'extreme heat' day if needed – this was called on Tuesday due to the unbearably hot conditions. Teachers regularly remind students to limit their running around during hot days.

### Before school procedures:

If you need to drop your child/children off at school before 8.30am, please note the following:

- **Before 8.30am** – students sitting with their bags in the Senior Covered Area. They do not take their gear to port racks.
- **At 8.30 bell** –
  - all Prep to year 2 students are required to enter classrooms to get prepared for learning.
  - years 3 to 6 – individual class teachers will have discussed with their students the expectations at this time. Some students will be expected to be in classrooms. Students who are not required in rooms can do the following – play handball in the Senior Covered Area, play basketball with Mr Matt or go to the library.
  - No students should be running around between buildings.

### Booklists:

It is pleasing to see so many students have arrived at school prepared with the required gear from the School Booklist. Please remember that **reams of paper are required as stated on the booklist**. Glenmore State School does not use expensive textbooks. Therefore, photocopy paper is needed to copy activities for students to use. **REFLEX OR FUJI XEROX** (currently on special at Big W) are brands that are suitable for the photocopier.

### Tuckshop:

Due to changes in banking processes, takings from the tuckshop are electronically counted. Any foreign coins are rejected. Please check your change when making a tuckshop order, do not use foreign coins. Thank you for your support in this matter.

### Second Hand Uniforms:

If you any uniforms from previous years that you no longer need, please bring them to the office. We use these uniforms when it is necessary for families and students. Currently our stocks are very limited. Your support in this area will be very much appreciated.

### Parenting Article:

At the start of the school year, students can feel anxious – new class, new teacher, new class mates or even a new school. The following article gives you some strategies to help your child overcome this anxiety.

## 10 confidence-building strategies every parent and teacher should know

By Michael Grose

Children with healthy self-esteem and self-confidence learn more, achieve more and are generally happier than those with low confidence levels. Building children's and young people's confidence is complex. It's more than being a praise robot and heaping positive comments on a child at the first sign of them doing something well.

Here are five practical strategies that you can use to build real self-confidence in kids of all ages:

### 1. Model confident thinking

Kids soak up the language, thinking and behaviour of those closest to them in their environment. Parents and teachers, play a part in modelling confident thinking and behaviour particularly when it comes to tackling new activities, including letting kids hear positive self-talk.

### 2. Focus on effort & improvement

Current thinking shows that people who believe that they can increase their intelligence through effort and challenge actually get smarter and do better in school, work, and life over time. One way to develop a growth mindset is to focus your language on effort and improvement rather than on the results of what they do.

### 3. Praise strategy

While effort is key for achievement, it's not the only thing. Kids need to try new strategies and seek input from others when they're stuck. They need this repertoire of approaches – not just sheer effort – to learn and improve. It helps too to focus language on better and smarter ways on improving.

### 4. Develop self-help skills from an early age

A child's self-esteem comes as a result of his or her successes and accomplishments. The most important competencies to build confidence are basic self-help skills. These form the building blocks upon which other competencies such as organisational skills and many social skills are formed.

### 5. Give them real responsibility

From a young age start giving children responsibility for some aspects of their lives. By giving kids responsibility for many aspects of their lives we are sending a powerful message that we think they are capable. Also they are learning the skills necessary to care for themselves.

*Lauree Lanyon*  
*Deputy Principal*

## STUDENTS OF THE WEEK

**Congratulations to the following students for the great effort this week:**

### Prep

Shayla White-Murray  
Kade Constable  
Jayden Murray

### Year 1

Dwayne Donnelly  
Courtney Miller  
Queenie Mamaril

### Year 2

Cassidy Findlay  
Iziah Barsah

### Year 3

Kaida Howard  
Joshua Scandlan



### Year 4

Kaidian Withers  
Jeremy Richards  
Aliza Jones

### Year 5

Justine Villaneuva  
Roxanne Waller

### Year 6

Jordan Voois  
Ysmael Gandia  
Carys Wratten

### LIBRARY

Zackeriah Dickinson

**REMINDER  
P&C MEETING  
MONDAY 15 FEBRUARY  
6.00PM  
A BLOCK  
ALL WELCOME**

## A MUSIC NOTE



A number of students still have to acquire their music resources. Students in Years 2 to Year 6 need a Recorder, Recorder Excellence Book and a library bag or foolscap plastic document wallet to store their book and recorder in.

If you are having trouble finding the Recorder Excellence Book, please contact our office on 4923 0666 for stockists.

**Recorders are available from our tuckshop for just \$5.00**

## BOOK CLUB

### Book Club Issue One

Book Club Issue One is due back at school on 17 February. Orders need to be placed into an envelope with your child's name and class written on the front. The envelopes can be handed into the office. This year there is one brochure for all year levels. If you have missed out on receiving one, please come to the library. In the future the brochures will be sent home with the youngest in the family.

Parents can place their order and pay online using LOOP (Linked Online Ordering and Payments). Simply go to [www.scholastic.com.au/LOOP](http://www.scholastic.com.au/LOOP). There is also an iPhone and iPad app you can download from the App Store. If you would like more information about LOOP please come to the library.

## COMMUNITY NOTICES

### Capricorn Country Club Junior

#### Come and Try Days

12<sup>th</sup> 19<sup>th</sup> and 26<sup>th</sup> of February 2016

4:15pm till 5:15pm

#### Capricorn Country Club Driving Range

All you need is covered shoes, collared shirt, water bottle and a hat

If you require further information, please contact Mitchell on 4926 6266.

## Join us in our love of Hockey!

Calling all new and existing members the Park Avenue Brothers Hockey Club are holding their sign on for the



2016 Season, on Valentines day Sunday 14<sup>th</sup> February, 3 to 7pm at Church Park, 161 Glenmore Road.

Fun and games all afternoon!

Catering for all ages Juniors and Seniors.

To find out more information come along, find us on Facebook or ring Rachael on 0477178564 or Robert on 0407 118 220.

# TRIVIA NIGHT

Fundraising for school chaplaincy

Where: Rockhampton State High School - Hall  
Campbell Street

When: 20th February

Time: 6pm Sausage Sizzle  
6:30pm Trivia begins!

Cost: \$10 per person

Max. 8 people per team

Round Prizes

Supper & hot drinks provided

Sausage sizzle and cold drinks for sale

Bookings Essential

email [jamesh2@chappy.org.au](mailto:jamesh2@chappy.org.au)  
or text 0409 384 392



**PROUDLY PRESENTS AUSSIE HOOPS**

Who: Grade 3 - 4

Where: Hegvoid Basketball Stadium, Sir Raymond-Huish Drive

When: Tues Afternoons 4.00pm - 5.00pm

Dates: Tues 9th Feb-Tues 22nd April

Cost: \$77.00 (GST Inc.)

**Aussie Hoops** is a 7 week Learn 2 Play Basketball program for Grade 3 & 4 Students. You'll learn the fundamentals of the sport through a series of fun games, with the goal of building up to playing modified 5 on 5 basketball on our specially designed 8 Foot rings.

SUPPORTED BY  
the  
**capricornian**  
community development trust

#### What You Get?

- Sessions with quality coaches including Rockhampton Basketball State Representatives and Former Australian Institute of Sport Coach Matt Neason
- An Aussie Hoops Player Pack (Including Bag, Basketball, & Reversible Singlet)
- Plus other exciting hand outs



Register online today by heading to [www.aussiehoops.com.au](http://www.aussiehoops.com.au) and entering 4700 in the locator. Want more information? Call RBI Development Manager Matt Neason on 07 4922 5544

## SOUTHERN SUBURBS HOCKEY CLUB

### 2016 Season - Sign on Day

SUNDAY 7TH FEB | 10AM - 1PM

SCOTTVALE SQUASH CENTRE | 271 RICHARDSON ROAD  
NORTH ROCKHAMPTON

