

Glenmore State School Newsletter

NEWSLETTER NUMBER 11 28 April 2016

Thought for the week:

Heroes who shed their blood and lost their lives! You are now lying in the soil of a friendly country. Therefore rest in peace.

Mustafa Kemal Atatürk

PRINCIPAL'S NEWS

Last Friday we acknowledged the 101st anniversary of the ANZAC landing at Gallipoli with a ceremony at school. Mr Brad Bauer, a Vietnam veteran, attended as our guest speaker. We were very fortunate to have Mr Gavin Pointing, our P & C President and member of the Rockhampton Pipe Band, as a lone piper. Mr Pointing played the Lament on the bagpipes, which added another dimension to the ceremony. Students laid class wreaths at the Alec Beasley Memorial to conclude the ceremony. Thank you to Mrs Allison, assisted by Mrs Baker, Mrs Biddulph and Mrs Lanyon for their respective roles in organising Friday's service.

Following the school ceremony, sixty students and staff marched behind the Glenmore banner on Monday morning at the Rockhampton ANZAC March. Thank you to our staff members and parents who marched, and to the parents who enabled their children's participation and ensured that our uniform standard was met. Glenmore clearly showed its pride in the commemoration of ANZAC Day and also pride in our school. I would like to convey two wonderful stories from Monday's march. The first highlights the thoughtfulness of one of our Year 1 students, Ella, who made ANZAC biscuits for staff members to have with their cup of tea after the march. Thank you Ella - it was delicious! The second story relates to Justice, a Year 2 student, who had clear instructions for mum and dad on Monday morning, that she needed to look her best in her uniform for the march, because that was the school's standard. That is exactly what we are working to instil in our Glenmore students - that's how we do things at Glenmore!

This week, our teachers have met with Paul Sumpter, the region's Mathematics Advisor, to continue the work we are doing with higher order thinking and open-ended tasks, as well as refining processes leading up to Maths assessment. Numeracy has been our focus area since the beginning of 2015. Student achievement in both NAPLAN and semester reports in Maths showed significant growth in 2015 and we aim to continue that trend this year.

Today (Thursday) selected Glenmore students will contest the Rockhampton District Cross Country. We wish them well as they race with hundreds of students from state and non-state schools around the district.

Current attendance for each year level is:

Year Level	Attendance Rate	Year Level	Attendance Rate
Prep	86.9%	4	89.6%
1	90.6%	5	91.9%
2	91.5%	6	92.2%
3	90.4%		

Every day counts. We CAN do 92.

Mark Dunlop
Principal



Quality Learning in a Caring Environment

All parents are invited to attend monthly P&C Association meetings

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Great state. Great opportunity.



Parenting article:

I sincerely believe that parenting is the hardest job in the world. It is never-ending, it is always changing and you just never seem to get it right! What works one day, simply will not work the next. Although it can be frustrating and challenging; parenting is also the most important role we have. It is our job to ensure our children grow into responsible adults. This week's article may give you some new ideas to add to your parenting tool bag....

Don't threaten, bribe or deal – breathe and act instead

By Michael Grose

Five great discipline habits to add to your parenting repertoire.

Getting kids to co-operate is tricky. One method doesn't necessarily fit all kids so as a parent or teacher it helps to have a broad repertoire of responses to draw on when kids are less than perfect or you want more co-operative behaviour.

Disciplining a child can also make many parents feel decidedly uncomfortable, as it doesn't generally fit an idealised picture of parenting that many of us may have. Discipline is about helping kids stay safe, become social and also be savvy and astute when they interact with others, which makes discipline a positive and very necessary part of the parenting process.

Bad discipline habits

Unfortunately, it's easy as a parent to develop bad habits to get co-operation from kids. For instance, it can be easier to offer a simple bribe such as *"I let you use my iPad for 10 minutes if you can be quiet in the back seat of the car"*, rather than battle with kids for their co-operation. This type of bribe can work wonders to get some peace and quiet and is infinitely better than engaging in a slanging match while you're driving. Well, it may seem that way!

However, it's easy for both parents and kids to become hooked on bribes. As a parent you can easily fall for the trap of offering a bribe to induce good behaviour because it often works. A child learns to co-operate on his terms and soon learns to think, *"What's in this for me?"* Soon kids learn to wheel and deal to get better terms so today's 'quick 10 minutes on an iPad' becomes tomorrow's shiny new piece of technology bought in return for co-operation. Bribery and dealing almost always escalates in scale. The stakes rarely get smaller.

Similarly, idle threats of withdrawing co-operation if a child won't behave well soon falls on deaf ears as kids have a built-in radar for knowing if a threat is real or not. *"If you continue to argue with your sister I'll cancel your birthday"* is the sort of threat that many of us have made in desperation just to get some peace and harmony at home. Again, threatening all types of dastardly consequences can become a habit, particularly when we don't have many other options at our disposal to get better co-operation.

Most of us will default to our lowest level of skill when we are tired, stressed or under pressure. When a child yells, "I hate you! You never listen to a thing I say" just when you're trying to get her to bed you're likely to return fire in spades. "What do you mean I never listen to you! I always listen to you. You never..." and away you go chastising a child in a way that only exacerbates her lack of co-operation.

Good discipline habits

So it helps to develop some good discipline habits instead so that when we do become stressed or tired they are so ingrained in us that they become second nature.

Here are five good discipline habits to develop:

1. Avoid the first impulse so you don't overreact

A good rule of thumb is to stop yourself from reacting when children misbehave. As much of children's poor behaviour is purposeful, in that it keeps parents busy with them or is designed

to let parents know that in fact you can make a child do anything they want to do, your impulsive reactions reinforce the behaviour. At times stopping and doing nothing is better than saying something you regret later on or can't follow through with.

2. Step away and take a breath to gain control

When you feel annoyed, angry or hurt by a child's misbehaviour temporarily step away from the situation and take a few deep breaths before you speak or act. This meta-moment will not only buy you time but will quickly calm you down and change your thinking, putting you back in control. Better self-management helps you respond more effectively when kids misbehave.

3. Lower your voice to be heard

Do you typically repeat yourself or raise your voice when your children ignore your request for better behaviour or even co-operation. If so you are training your kids to ignore you. Try lowering your voice rather than raising it to be heard. This has the double effect of being easier to hear as well as carrying a greater sense of authority.

4. Move toward them to be noticed

Moving into children's space to deliver a message is usually more effective than issuing an order across a lounge room when you are competing with a screen for attention. It does require effort but the results in terms of getting co-operation are generally worth it.

5. Use a consequence to teach

Not all children respond positively to consequences. Very sensitive children can take consequences personally so use them sparingly with more sensitive. Sometimes a change in the tone of your voice is enough for these children. But generally reasonable consequences that have a relationship to children's misdemeanours and that are respectfully delivered are effective in teaching children to behave responsibly. The trick is to deliver them like a neutral cop – cool, calm and with not too many words.

Good habits are best developed in low or no stress situations so if you'd like to add any of these ideas to your parenting repertoire start putting them into practice in every day interactions with your children, so that they become second nature when you really need some co-operation from your kids.

Supervision after school

The green bus shelter near J block (facing Farm Street) is supervised by staff until 3.15pm. Children wait in this area for day care buses, siblings from High School and parents. If at 3.15pm, there are any students still waiting (exception, students with High School siblings), the students are taken to the office. This relates to our duty of care and ensures the safety of your children.

Glenmore Standards

This week we see the first of our Glenmore Standards award recipients. Congratulations to the following students:

Lucinda Barron	Sheridan Sutton	Nuatufi Mann
James Bongco	Taylor Anderson	Courtney Miller
Ella Spring	Henry Burgess	Tynesha Richards
Haylee Warriner	Tyrick Smallwood	



Lauree Lanyon
Deputy Principal



Mother's Day Stall - All Classes
on Wednesday 4 May
\$3 & \$5 gifts on sale
Only one item per student

STUDENTS OF THE WEEK

Congratulations to the following students for the great effort this week

Prep

Imogen Green-McMillan
Gabriella Currie
Kade Constable
Ram Lacap

Year 1

Zackeriah Dickinson

Year 2

Le-Zanda Tilberoo
Louise Dobbs

Year 3

Jacob Orchard

Year 4

Cleopatra Rose
Eliza Jones

Year 5

Allen Vergara
Tahalia Durrand
Haylee Burrows

Year 6

Tyler New
Breanna Cooney

Library

Annaleese Hermann



NAPLAN 2016

The National Assessment Program Literacy and Numeracy (NAPLAN) will be conducted from 10-14 May. All students in Years 3 and 5 must sit for the tests unless they are withdrawn by parents/carers or unless they qualify for an exemption. Where parents/carers do not want students to participate in the test, they must advise the Principal in writing of their request. Forms are available for this purpose. Students who are withdrawn from the tests will have no result recorded and no report will be provided. Adjustments may be permitted for students with a disability to support their access to the tests and facilitate maximum participation. Teachers will identify students who qualify for adjustments. Some students with a disability and EAL/D students who have been attending school in Australia for less than 12 months, may qualify for an exemption. This means they do not have to complete the NAPLAN tests. Parents of students who have been identified as requiring adjustments, or who qualify for an exemption, will receive a form to sign and return to school. If you have any questions regarding NAPLAN please contact Mark Dunlop on 49230666

P&C PRESIDENT'S BLOG



Mother's Day 2016

Mother's day is fast approaching and we have selected a range of interesting gifts for your child to purchase. **There will be a \$5 and \$3 table. The Mother's Day stall will open at 9am on the 4th May.** A call for volunteers to help out on the day is already out. If you are able to volunteer please let the office know or send an email to pandc@glenmoress.eq.edu.au

Coming up on the agenda....

- Winter Pie drive
- Fun-run in term 3
- New signage for our McLaughlin Street and Farm Street entrances.

Things to think about are the next P&C general meeting to be held on **Monday 9th May, 6pm** at the school's Administration building - all are welcome to attend.

Find us on Facebook©

REMINDER

*Thursday 5 May
10.15 - 11.40am*

Bigger than ever.....

Our annual.....

MOTHER'S DAY MORNING TEA!

SPORTS DRAW – Friday 29 April

AFL - All games will be conducted at Kele Park (Entry Via Millewa St West Rockhampton) 12:15 for a 12:30 start to games

Glenmore	FINALS
	vs – Crescent Lagoon @12.30pm

SOCCER

Year 6	vs The Hall @ Norbridge Park 3 – 1.35pm
Mixed A	vs Crescent Lagoon @ Glenmore - 12.35pm
Mixed B	vs The Lighthouse @ Glenmore – 12.35pm

OZ TAG –

NO OZTAG GAMES this week

Enrol for Prep 2017 now!

Enrolments for Prep 2017 are now being taken.

Enrolment packs are available from the school office.

Children born between July 1 2011 & June 30 2012 will be eligible for Prep in 2017.

Help us to save paper and look after the environment

GET CONNECTED WITH THE QSCHOOLS APP!

<http://qld.gov.au/QSchools>

DATE CLAIMERS

2 May	Public Holiday – Labour Day
4 May	Mother's Day Stall (\$3 & \$5 Gifts)
5 May	Mother's Day Morning Tea
6 May	Free Dress Day - Gold Coin Donation
9 May	P&C Meeting – 6.30pm
26 May	Silly Scientist Visit (\$5 per child)
16 June	Public Holiday – Show Day
21 June	Sports Day
24 June	Last Day Term

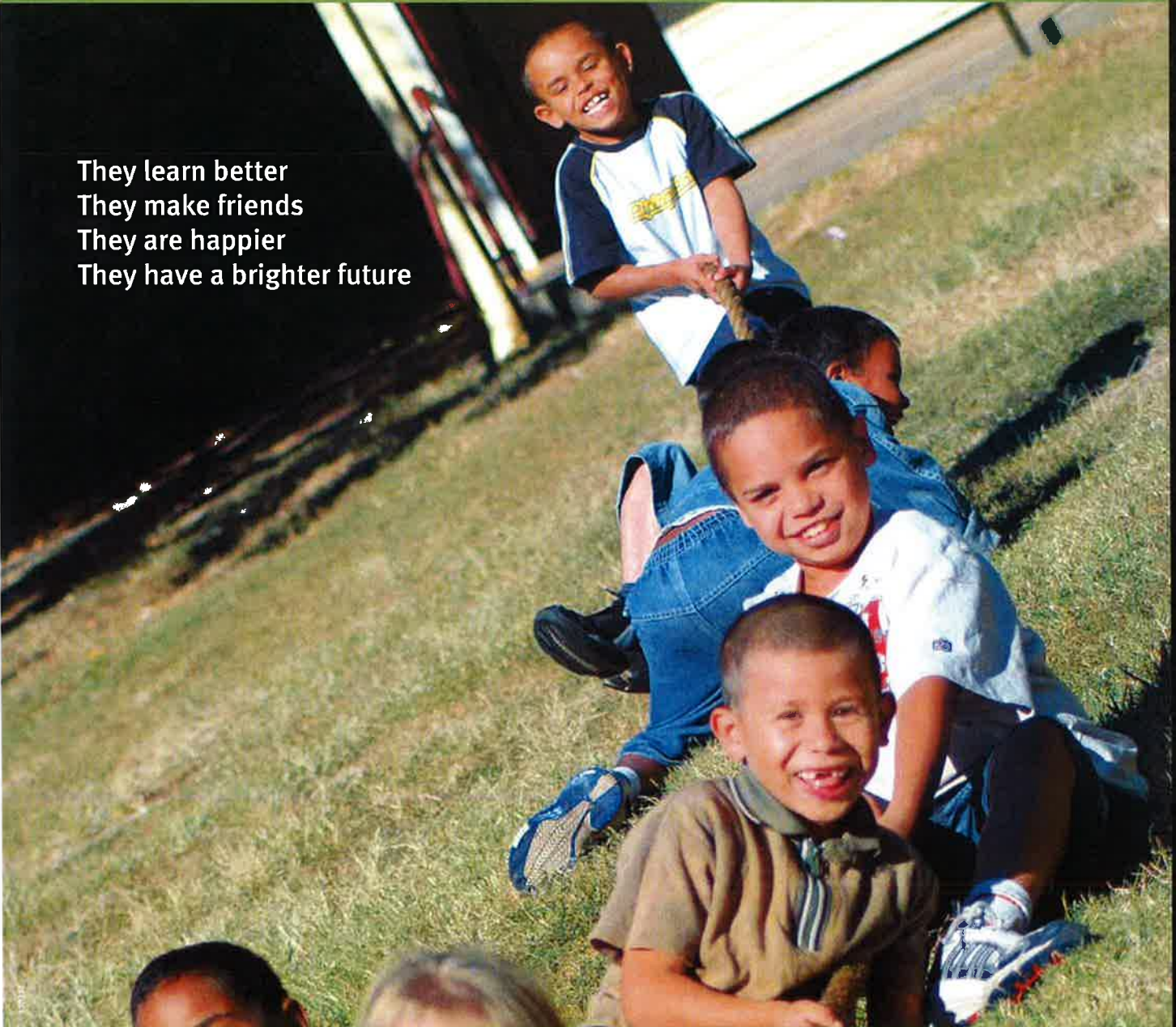


Every day counts

Children do better when they go to school all day, every day

www.education.qld.gov.au/everydaycounts

They learn better
They make friends
They are happier
They have a brighter future



It takes a community to raise a child – make sure the children you know go to school