2 February 2017

Thought for the Week:
Let us remember: One book, one pen, one child and one teacher can change the world. Malala Yousafzai

PRINCIPALS NEWS

Welcome to our first newsletter for 2017. Last week, we welcomed sixty Prep students to Glenmore to begin their primary school education, as well as over forty new students in other year levels and twenty-two new families. I am very pleased with the way students have returned ready for learning and with a high uniform standard.

Our Day 8 enrolment numbers, on which teaching staff, teacher aide time and office administration time are based, are looking strong. I expect our Day 8 figure to exceed 440 students, which puts us in a good position with staffing allocations.

We are excited to have five new teachers at Glenmore this year. They have all made a fantastic start to the year with their classes and I am absolutely confident they will contribute greatly to our improvement agenda at Glenmore and to our broader school community. Our new teachers are:

- Miss Stephanie Wehmeier – 1SW
- Mrs Elizabeth Cameron – 1EC
- Mrs Chloe Welfare – 4CW
- Miss Shantelle Drake – 4SD
- Miss Aidan Godbaz – 5AG

Thank you in advance for your support for these new staff members in their work with your children.

2017 promises to be a successful year for learning at Glenmore. Our Semester Two A to E data for English, Maths and Science last year was strong. Highlights included:

- 92% of Year 2 students with a C or better in Maths
- 94% of Year 5 students with a C or better in English
- 98% of Year 2 students with C or better in Science

You will have noticed some building work and renovations happening on our campus (although not quite as timely as I would have liked). L block (at the back of our school nearest the basketball court) was handed over to Capricornia School of Distance Education at the end of last year and is in the process of being converted into teaching spaces for CSDE and a home for their library. Renovations on our site include:

- H block – a newly partitioned classroom space; new cupboards and cabinets in H1 & H2; new LED lights and new fans throughout the building; a new movable partition between H3 & H4
- M Block – partitioning of a new office space at the back of the computer lab; fixed shelving; new lights, fans, air conditioning, office furniture
- G Block – renovation of the withdrawal room to create a new learning support centre with direct access to the veranda
- Additionally, we will have a new storage shed, landscaping of the front entrance to the school, a refurbished, fenced carpark near the administration building and four new sets of classroom furniture
- E Block (our oldest building) will be removed from the school site at the end of Term 1
One big “plus” related to the L Block handover and E Block removal is that Glenmore will be perfectly positioned for brand new facilities to cater for future growth.

**Our key priorities for 2017 are:**

- Attendance - we can beat that 92% target.
- Achievement in Mathematics with a focus on Years 2 and 4
- Improving outcomes for our A and B students (Upper 2 Bands in NAPLAN)
- Oral language development in the lower school
- Transitions to school from kindy and early learning centres

As Term 1 progresses, I encourage you maintain contact with your child’s teacher, to continue to be a partner in your child’s education and to maintain a keen and positive interest in their learning and progress.

*Mark Dunlop*

**Principal**

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**Glenmore State School has a new app!**

SZapp is a great way to keep up to date with all of our latest news and information. Using SZapp will give you easy access to information such as:

- Newsletters on the go
- Latest News & Reminders
- Calendar
- Forms and Documents
- Absentee Line

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**NEWS FROM THE DEPUTY:**

Welcome back to 2017 - once again we have a very warm start to the school year. We also have a large number of new families who have joined our Glenmore School community – please welcome these families if you see some new faces waiting for students at the end of the school day.

**Hot weather:**

All booklists state a water bottle is required. Please ensure your child/children bring this to school each day. Water bottles are kept in the classrooms so that students can have a drink whenever they are thirsty. This also prevents students leaving the room to get a drink so that they can continue with their learning.

The school monitors the weather and will call an ‘extreme heat’ day if needed. Teachers regularly remind students to limit their running around during hot days.

**Before school procedures:**

If you need to drop your child/children off at school before 8.30am, please note the following:

- **Before 8.30am** – students sitting with their bags in the Senior Covered Area. They do not take their gear to port racks.
- **At 8.30 bell** –
  - all Prep to year 2 students are required to enter classrooms to get prepared for learning.
  - years 3 to 6 – individual class teachers will have discussed with their students the expectations at this time. Some students will be expected to be in classrooms. Students who are not required in rooms can do the following – play handball in the Senior Covered Area, play basketball with Mr Matt or go to the library.
- No students should be running around between buildings.

**Booklists:**

It is pleasing to see so many students have arrived at school prepared with the required gear from the School Booklist. Please remember that **reams of paper are required as stated on the booklist.** Photocopy paper is needed to copy activities for students to use. Two brands - REFLEX OR FUJI XEROX - are suitable for the photocopier.

**Tuckshop:**

Due to changes in banking processes, takings from the tuckshop are electronically counted. Any foreign coins are rejected. **Please check your change when making a tuckshop order, do not use foreign coins.** Thank you for your support in this matter.

Please remember that we have online facilities for the tuckshop – use for tuckshop orders as well as uniforms. Visit the website to discover the fast and convenient way to order and pay for lunches and uniforms.


**Second Hand Uniforms:**

If you have any uniforms from previous years that you no longer need, please bring them to the office. We use these uniforms when it is necessary for families and students. Currently our stocks are very limited. Your support in this area will be very much appreciated.

**Every day counts at school**

The Department of Education and Training has a range of free resources to promote the importance of going to school, every day.

Research shows that school attendance leads to positive student outcomes, and can help children to build social and emotional skills.
The Every day counts campaign, developed with the input of Solid Pathways students, features popular footy players, including Johnathan Thurston, Sam Thaiday and Greg Inglis. Resources include an animation, comic book, dedicated website and online posters of the footy players.

Check out the resources and see if you can spot some of your favourite NRL footy players — visit the Every day counts website. https://everydaycounts.eq.edu.au/Pages/default.aspx

Does your child require medication during school hours?

If your child requires medication while at school, please ensure you request an Administration of medication record sheet from your school’s office.

You will also need to provide the school with the prescription-labelled medication in the original packaging with clear directions for its use.


Parent Article:
The start of a new school year can bring a range of emotions – from excitement, trepidation to great anxiety. It is important that the year starts on a positive note. The following article gives some excellent advice to ensure your child starts the year in the right frame of mind........

Make this year your child’s best ever at school

By Michael Grose

A new school year means a clean slate for students. Here are 7 ideas to help you make the most of the fresh start and make this year your child’s best year ever at school

A new school year means a fresh start for students. Regardless of your child’s performance last year, they start school with a clean slate. A break offers students the chance to begin new habits and adopt new behaviours.

Here are seven ideas to help you make the most of the fresh start and make this year your child’s best year ever at school:

1. Commit to your child going to school every day on time. One of the most important things you can do to ensure your child has a bright future is to make sure he or she goes to school every day – and gets there on time. Kids spend more time asleep than at school, so we need to maximise every day to get full value.

2. Help kids start each day well. A good night’s sleep, a healthy breakfast and some words of encouragement from you will help set a positive tone for a day of learning. This may mean that you adjust your morning routine so that kids have plenty of time get up, eat and get ready for the day.

3. Establish work & study habits. The most successful students are those that develop regular study habits that suit their lifestyle, their study style and their school’s expectations. Find out the work expectations from your child’s or young person’s school and help them establish a work routine that matches.

4. Make sure your child gets enough sleep. Many children and young people are sleep-deprived, which impacts on their wellbeing and their learning. A good night’s sleep consolidates learning, as well as assisting future learning. Children need between 10-12 hours of sleep each day, while teens need a minimum of nine hours. Help kids get sufficient sleep by having a regular bedtime and get-up time each day. Have a 45-minute wind-down time each night, and remove screens and mobile phones from bedrooms.

5. Insist kids exercise. The old saying about ‘a healthy body and a healthy mind’ is so true. Exercise releases the chemicals needed for learning and wellbeing. Yet kids today get less exercise than those of past generations, which is an impediment to learning and mental health. Health professionals recommend a minimum of 60 minutes of exercise per day for kids of all ages. Encourage your child to play sport; promote free and active play and look for ways to make moving part of their daily lives.

6. Focus on being friendly. Schools are very social places requiring kids to negotiate many different social situations each day. Yet we often only focus on academic learning. There are strong links between social success, and academic success and wellbeing. Encourage kids to be open and tolerant; to be friendly; to be sensitive to others; to be involved in plenty of activities and to be social risk-takers. These are all characteristics of socially successful kids. At the same time discourage anti-social behaviours such as over-competitiveness, self-centredness and lack of sharing.

7. Develop self-help skills. Successful students are often well organised, self-directed and self-motivated. Personal organisation seems to come more naturally to girls than boys, however both genders benefit from coaching in this important area. You can foster organisational skills and self-direction by developing simple, age-appropriate self-help skills related to their everyday lives. Such skills as making lunches, packing school bags, and organising after school schedules can be great lessons that impact on how kids perform at school.

At the start of the school year kids are likely to adopt changes than at any other time. Make the most of the opportunity by focusing on two or three areas to really focus on and you’ll find that the rest will fall into place.
Communicating about school:

Getting your child to tell you what happens at school is not always easy. I know when my two boys were at school, many times the response to ‘What did you do at school today?’ was ‘Nothing’!!

Mr Orr, our Librarian/Master Teacher sent me this article that he has used in the past to give parents a ‘way in’ to finding out what ‘nothing’ really means!......

Encouraging Positive Disposition in our children

Mum: "How was school today?"

Child 1: "Good"
Child 2: "Bad"
Child 3: "Aargh!"

Are you sick of the typical child response to this question? A recent article, in the highly acclaimed Huffington Post, showed how important it is that we teach our children how to focus on the positives.

No child, regardless of how bad they thought their day was, will ever have a day when good, funny, exciting, weird and valuable things do not happen. Children tend to focus on, and exaggerate, the negatives. By simply reframing and guiding our children with better questions, we can improve their happiness and confidence, and ultimately their school experience.

Below is a list of questions from the article that could help parents encourage children to open up about their day.

- What was the best thing that happened at school today?
- Tell me something that made you laugh today.
- If you could choose, who would you most like to sit next to in class? Why?
- Where is the coolest place at school? What makes it so cool?
- Tell me a weird word that you heard today.
- If I called your teacher tonight, what would he/she tell me about you?
- How did you help somebody today?
- How did somebody help you today?
- Tell me one thing that you learned today.
- Where were you happiest today? Why?
- Who would you like to play with during play time that you’ve never played with before?

- What word did your teacher say most today?
- Who in your class do you think you could be nicer to?
- What was your favourite part of lunch time today?
- Who is the funniest person in your class? Why is he/she so funny?
- If you became a teacher tomorrow, what would you do?
- Tell me about three different times you used your pencil today at school.

It has been proven that if parents show interest in their child’s learning, it adds value to learning in the child’s eyes. We can assist students to focus on the positives and create a positive disposition.

Lauree Lanyon

CONGRATULATIONS MARGARET - 41 YEARS SERVICE!

Margaret Inslay will retire on 3 February 2017 after working more than 41 years at Glenmore State School as a cleaner. Margy has been a valued member of staff and will be dearly missed. Staff from Glenmore State School wish Margy all the best in the future and hope she enjoys her retirement.

P&C PRESIDENT’S BLOG

Welcome back to a new and exciting year for the Glenmore State School community. Now the children have settled into their daily routines of learning and development, you might be wondering where you can make a difference. I would like to take this opportunity to introduce Glenmore State School Parents and Citizen’s (P&C) committee of 2017.

Our committee is made up of several vibrant, active and committed members who see themselves as a valuable, and valued, part of their child’s education. If you too feel you would like to make a difference and lend a hand, then become a member of the Glenmore P&C.

We will be conducting our annual membership drive throughout February, so keep an eye out for a representative at the school entrances and grab a membership form. Check out our Facebook page join in on the conversation or, just have a browse at the latest Tuck-shop specials.

Ask yourself these questions:

- What do I want for my child?
- Do the children of Glenmore have the right "tools of the trade" to enjoy success?
- Is there anything more I should be doing to support the school to ensure future success of my child?

The answer to these questions can be found at our next meeting on Monday 13th February 6pm at the school administration building.
Being an active member of the P&C has given my children a voice when it comes to their education. So, give your child a voice and come along to our next meeting and together we can.....

Regards,

Gavin Pointing
President

TUCKSHOP NEWS

Welcome to all our new families and our returning families for 2017.

Just a reminder to continue to provide a 5 day a week service we need volunteers. If you can spare any time even just an hour or two when you drop the kids off in the morning please come and and see Julie or give her a call on 4923 0628.

Remember you can now order online using flexischools. Just go to the link below and follow the easy to use registration system. Uniforms can also be ordered online using flexischools.


Please find attached our new menu for 2017. Please note that all our products meet the Criteria set out in the State Government Smart Choices Guidelines.

UNIFORM SHOP

OPENING HOURS
Monday, Wednesday and Friday
8.30 – 9.30am

SCHOOL BANKING

School Banking Day is Friday. If you would like your child to be part of the school banking program just pick up a information pack from the office

COMMUNITY NOTICES

Rockhampton Basketball

Aussie Hoops is a 7 week Learn 2 Play Basketball program for Grade 1 – 6 students. You’ll learn the fundamentals of the sport through a series of fun games, with the goal of building up to playing modified 5 on 5 basketball on our specially designed 8 Foot rings.

What You Get?

• Sessions with quality coaches including Rockhampton Basketball State Representatives and an All Basketball Coach Matt Munson
• An Aussie Hoops Player Pack (including Bag, Basketball & Reversible Singlet)
• Plus other exciting hand outs

Register online today by heading to www.ausshoos.com.au and entering 4700 in the location. Want more information? Call BOJ Manager Matt Munson on 04 4923 5646

Frenchville Rovers Hockey Sign On

Sunday 5 February - Frenchville Sports Club, 9am – 12noon

Touch Rugby League

No Tackles, No Scrums – Safe and Fun!
Wanderers Hockey Club Sign On

The 2017 Sign on day is Saturday 4 February from 9am-12pm at 34 Water St Berserker.

Wanderers has been operating in Rockhampton for 70 years. We welcome all new and returning players from 4yrs and older. All players are encouraged to come and try for free on the day. There will be a sausage sizzle, mini games, ice blocks plus information about the season ahead. Hockey is a great family sport offering a range of skills, discipline and most of all FUN!

Contact Bridget for more info: wanderershockeyclub@live.com.au or find us on Facebook by clicking on the link below.

http://www.facebook.com/wanderershockeyclubrockhampton

BRING HOME A BIG BROTHER OR SISTER!

Why not volunteer to host an international student from France mid year? We have a small group of delightful French students coming to Australia for 10 weeks to immerse in local Australian culture, experience our High schools, sports, environment and lifestyle. Arriving in June, all the French students are around 15 years old, speak excellent English, have their own spending money, cover all school expenses, and we arrange all aspects of their program. They are looking forward to joining an Australian family for a short term. It’s fun and interesting to help these young people achieve their Australian dream. If you’d like know more, please email your interest to Rob at Inter Cultural Management on rob.lindsay@icm-education.com.au or call 0438 689828.