



# Glenmore State School

Tuckshop Menu Starting Term 1...2019

Orders must be placed by 9am



All Products meet the Criteria set out in the State Government Smart Choices Guidelines

**ONLINE ORDERING AVAILABLE: [www.flexischools.com.au](http://www.flexischools.com.au)**

| BREAKFAST MENU: 8.30 – 8.45AM  | PRICE  |
|--|--------|
| Fresh Fruit  | \$1.00 |
| Toast ( before school only )   | \$2.00 |
| Pizza Rounda ( before school only)                                   | \$3.00 |
| <b>Spreads – Vegemite/Jam/Honey<br/>Peanut Butter/Promit/Nutella</b> |        |

| DRINKS ( available all day )                             | PRICE  |
|--|--------|
| <b>Warm/Cold Milo<br/>Or a cup of plain Milk</b>         | \$1.50 |
| <b>Flavoured Milk</b><br>banana, strawberry or chocolate | \$2.60 |
| <b>So Juicy Juice</b><br>orange or apple                 | \$2.60 |
| <b>Poppers &amp; Water</b>                               | \$1.80 |

**TUCKSHOP OPERATES MONDAY - FRIDAY 8:30am - 1:30pm**

Please **PRINT** your child's name and class with their order on separate bags marked first/second lunch and place in the basket at the tuckshop before 9am.  
**Bundles of Printed bags 40 for \$3.00**

**CREDIT WILL NOT BE GIVEN IN ACCORDANCE WITH SCHOOL POLICY**  
Prices are subject to change. Where orders are placed using an old menu, a similar substitution will be made.

| WEDNESDAY SPECIAL     | PRICE  | THURSDAY SPECIAL   | PRICE  | FRIDAY SPECIAL   | PRICE  | ***MEAL DEALS EVERYDAY***  | PRICE  |
|-----------------------|--------|--|--------|--|--------|--|--------|
| <b>Sausage Roll</b>   | \$3.50 | <b>Chicken Twister</b>   |        | <b>Hot dog</b>   | \$4.00 | <b>Sandwich:</b> Toppings Jam, Vegemite Promite, Honey or Peanut Butter or Nutella. A piece of seasonal fruit. Homemade Muffin or Popcorn ( choose one) Water, popper or cold milo ( students are to collect their milo from the Tuckshop) | \$5.00 |
| <b>Pie</b>            | \$4.00 | <b>Wrap large</b>  | \$4.50 | <b>Hot dog &amp; cheese</b>  | \$4.50 |  |        |
| <b>Pie &amp; Peas</b> | \$4.50 | <b>Mini Twister</b>  | \$3.50 | <b>½ hot dog</b>   | \$2.00 | <b>Cheese Burger Slider,</b> a piece of seasonal fruit. Homemade Muffin or Popcorn ( choose one) Water, popper or cold milo ( students are to collect their milo from the Tuckshop)  | \$7.00 |
| <b>Party Pie</b>      | \$1.00 | Crumbed chicken strip lettuce & mayo.<br>Your choice of classic or sweet chilli. |        | <b>½ hot dog &amp; cheese</b><br>With your choice of Tomato or Bbq sauce | \$2.50 |  |        |

### Daily Menu:

| HOT FOOD : Homemade   | PRICE     |
|---|-----------|
| Pasta & Bolognaise Sauce ( <i>Gluten free \$5.00</i> )  | \$4.00    |
| Shepherd's Pie  | \$4.00    |
| Shepherd's Pie, roast pumpkin and beans   | \$8.00    |
| Savoury Mince Roll  | \$4.00    |
| Fried Rice (V,GF) ( With Ham \$5.00 GF )  | \$4.00    |
| Zucchini Slice (V,GF) ( with bacon \$5.00 )   | \$4.00    |
| BURGERS, SANDWICHES, ROLLS & ( WRAPS white only )<br>Bread & Bun Choices- white, wholemeal & multigrain | PRICE     |
| Slider Burger (mini burger) beef patty , cheese & sauce   | \$2.50    |
| Slider burger with salad  | \$3.00    |
| <b>Cheese Burger ( Beef or Chicken Patty with cheese &amp; sauce )</b>                                  | \$4.00    |
| Beef Burger with lettuce, carrot, tomato, cucumber & cheese with your choice of sauce.                  | \$4.80    |
| Chicken Burger with lettuce, carrot, tomato, cucumber & cheese with your choice of sauce.               | \$4.80    |
| Sauce choices ( Bbq, Tomato, Sweet Chilli & Mayo)   |           |
| Vegemite, Jam, Honey, Promite, Peanut Butter or Nutella   | \$2.00    |
| Egg Egg & Lettuce Curried egg   | \$3.00 ea |
| Ham or Chicken  | \$3.00 ea |
| Cheese  | \$3.00    |
| TOASTED OR EXTRA FILLINGS   | \$0.50ea  |
| Salad & Cheese  | \$4.50    |
| Ham & Salad or Chicken & Salad filling choices same as burgers  | \$4.80    |
| SALAD BOXES or PLATES   | PRICE     |
| Ham or Chicken + Salad (small \$4.00)   | \$5.60    |
| Salad & Cheese (small \$3.50)   | \$4.60    |
| Chicken Goujons & salad (small \$4.50)  | \$6.60    |
| Zucchini slice & salad GF large only (with bacon \$7.60)  | \$6.60    |
| Salad choices (lettuce, carrot, tomato, cucumber, cheese, chickpeas)                                    |           |
| Mayo, Italian Dressing, French Dressing Boiled Egg, onion   | \$0.50ea  |
| Spoons for food brought from home   | \$0.10    |

**VOLUNTEERS WANTED** if you can spare a couple of hours in the morning your time would greatly be appreciated.

| SNACKS   | PRICE                      |
|--|----------------------------|
| <b>SNACK PACK OPTION 1</b><br>4 Jatz biscuits, cheese, boiled egg, carrot & celery sticks                              | \$2.60                     |
| <b>SNACK PACK OPTION 2</b><br>4 Jatz biscuits, cheese, carrot sticks, celery sticks & salsa                            | \$2.60                     |
| Popcorn  | \$0.60                     |
| Boiled Egg   | \$0.50                     |
| Gingerbread Student  | \$2.00                     |
| Homemade Muffin ( depending what's in stock Banana or Apple )  | \$1.50                     |
| Custard Cup  | \$1.70                     |
| Banana & Custard   | \$2.00                     |
| Frozen Yoghurt   | \$2.50                     |
| Fresh Fruit  | \$1.00                     |
| Fruit Salad & Custard  | \$3.50                     |
| Fruit Salad  | \$3.00                     |
| ICE-BLOCKS (one item per order) NOT SOLD ON WET DAYS<br>PREP to YEAR 3 FIRST BREAK – YEAR 4 to 6 SECOND BREAK          | PRICE                      |
| Zooper Dooper  | \$0.50                     |
| Lemonade Icy Twist   | \$1.00                     |
| Mini Calippo   | \$1.00                     |
| Paddle Pop rainbow, chocolate or banana  | \$1.60                     |
| Slush Puppie (natural flavours) cloudy lemon, tangy berries, forest fruits, watermelon, tropical & strawberry vanilla. | \$1.50 dinky<br>\$2.50 sml |
| <b>BRING UP YOUR APPLES AND WE WILL SLINKY THEM : FIRST BREAK ONLY</b>   |                            |

### UNIFORM SHOP

No EFTPOS available, ONLINE ORDERING is available through [Flexischools.com.au](http://Flexischools.com.au)

|   |      |
|---|------|
| <b>Panel Shirts</b> (Sizes 4 – 16+)                             | \$27 |
| <b>Skorts</b> (Sizes 4 – 20)                                    | \$27 |
| <b>Grey Shorts</b> (Sizes 4 – 16)                               | \$15 |
| <b>Sports Shirts</b> (Acacia, Banksia, Callistemon, Eucalyptus) | \$20 |
| <b>Hats</b> – wide brim   | \$10 |
| <b>Safety Wallets</b>   | \$10 |
| <b>Footy / Soccer Socks</b>                                     | \$9  |
| <b>Football Shorts</b>  | \$29 |
| <b>Football Shorts &amp; Socks Combo</b>                        | \$35 |
| <b>Sports Jackets (Size 6 – Adult)</b>                          | \$35 |